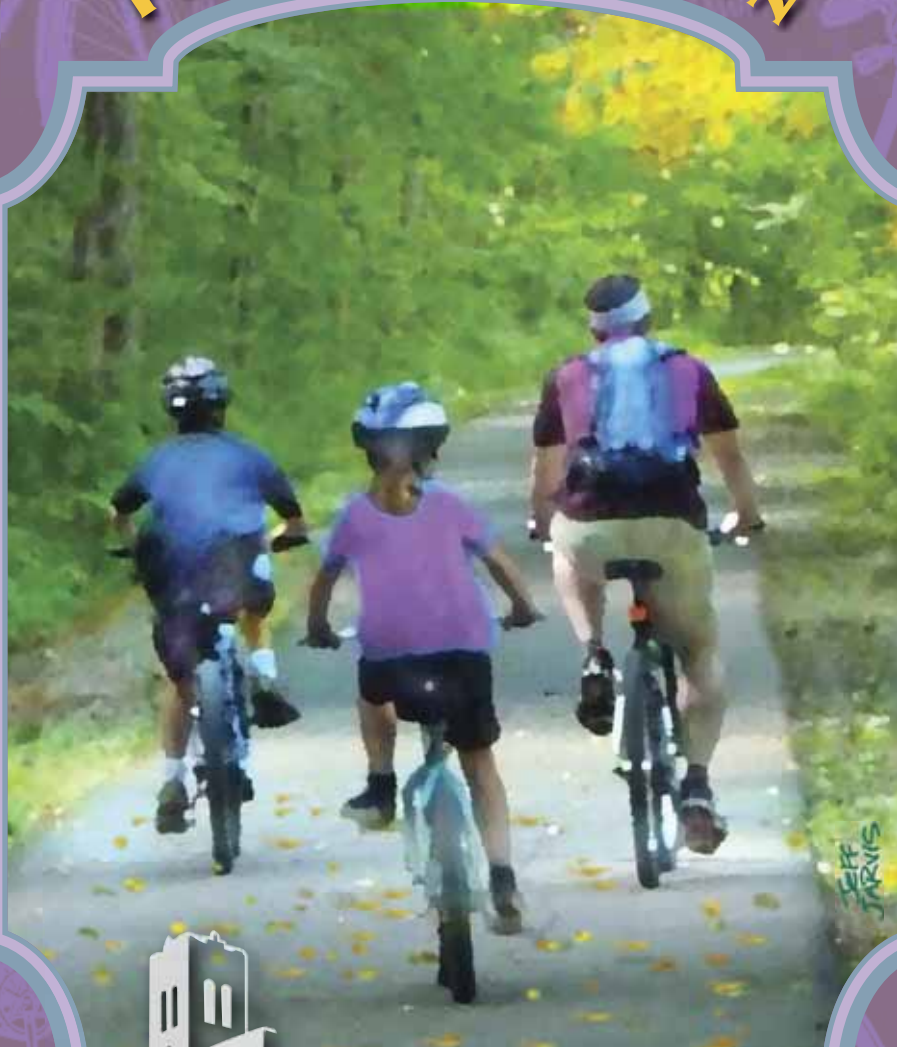


Published at Buckham Center
in Downtown Faribault
15 West Division Street
Faribault, MN 55021

Presort STD
U.S. Postage Paid #15
Faribault, MN 55021

ECRWSS
Postal Customer

FARIBAULT, MN



**Buckham
Bulletin**

Sept., Oct. & Nov. 2015

City Activity Guide

The City of Faribault

SINCE 1855



Brian Anderson
City Administrator



Faribault City Hall
507.334.2222 - 208 NW 1st Avenue
www.faribault.org



Buckham Center

A Place to Enjoy Each Season of Your Life!

In 1994, the City of Faribault, in an effort to consolidate city services, joined Parks & Recreation (a former YMCA), the Buckham Library, and the Faribault Senior Center. These entities, all under one roof, formed Buckham Center. This all-in-one facility beckons people of all ages as a place for learning and program registration.

After the consolidation, the accent was put on efficient use of available resources to avoid duplication of services and publications. Now, many years later, this manner of doing business is still in the forefront as the City continues to add services amidst rising costs.

This unique venture also resulted in a newspaper called the **Buckham Bulletin** - the official publication of Buckham Center and the City of Faribault. The paper offers a wide variety of news from city departments and many area non-profit organizations. Printed four times a year, the Buckham Bulletin is mailed to all rural and residential homes in the greater Faribault area. An electronic version can always be found at www.faribault.org.

For more information on the **Buckham Bulletin**, or to inquire about free non-profit advertising space, contact Jeff Jarvis at Buckham Center: jjarvis@ci.faribault.mn.us, or call 507.384.0516.

In The Fall Issue

2-3. Faribault City News	16-17. Faribault Senior Center
4-7. Park & Rec Programs	17. Community Calendar
8-9. Park & Rec Aquatics	18. Public Programs
10-11. Enrichment Activities	19. Paradise Center for the Arts
12-13. Buckham Library	20. Park & Rec Fitness
14. Community Calendar	



The Buckham Bulletin -
2001 Savvy Award Winner
"Best Recreational Catalog"



New Website

Going Live September 1st!

Now you will be able to receive notifications and alerts by subscribing to the *Notify Me* system on the new City website. Users can subscribe to a number of email lists to receive message updates regarding the information requested. If you are interested in general information, safety alerts, bid postings, news flash information, calendar events or meeting agendas you can receive notifications through your email account, click on the *Notify Me* button on the home page to sign up!

Alerts will be posted on a red banner across the top of the home page to inform users of emergency weather, crime, burn bans, or other immediate notifications.

The website display can be personalized by creating an account in *myConnections* which is found at the top of the website. This option allows you to set up a unique starting point for the tasks and transactions that you want to complete. Using *myConnections* to gather the information that you most care about from across the website into one central location, will give you greater control over how you connect with the community!

Online payment of utility bills is as simple as a single click from the home page to your account login and payment options.

The new website will be rolled out on September 1st, so be sure to log on then to www.faribault.org to begin your new website experience!



Top 10 Features of the New Website

- More User-Friendly
- Crucial City Information
- Contact Information
- Clear Navigation
- Interactive
- Very Secure
- Social Media Integration
- Mobile-Ready Version
- An FAQ List
- Customizable



A Night to Unite

Building Community at Buckham

The city-wide Night to Unite continues to be an enjoyable night of activities and fun for many Faribault residents. Wide participation in this annual event helps keep the focus on crime prevention while building a stronger and safer community. Night to Unite is a statewide event that builds and fosters community bonds between citizens, businesses, and public safety organizations, such as the Faribault Police Department and Rice Co. Sheriff's office. This annual celebration occurs on the first Tuesday in August and gathers neighborhoods and public safety personnel together for an evening to promote safe communities.

Night to Unite Goals:

- To heighten crime and drug awareness.
- To generate support and participation in crime prevention and community policing programs.
- To strengthen neighborhood spirits and public safety and community partnerships.
- To let would-be criminals know that you are committed to keeping your neighborhood safe.

Night to Unite has proven to be an effective, inexpensive, and enjoyable opportunity to promote neighborhood spirit and police-community partnerships in pursuit of safer communities. Community benefits often extend beyond this single evening event as neighbors get to know each other and public safety agencies that serve them.



Police Department

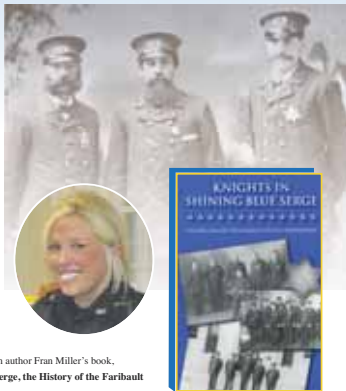
Andy Bohlen, Chief of Police
abohlen@ci.faribault.mn.us
507-334-0920 (Non-Emergency)
www.faribault.org/departments/police

• Dedicated to Serve

The Faribault Police Department strives to provide professional and impartial law enforcement that meets the highest standards of ethics and law. We will work to make certain we continue to provide impartial policing services, are responsive, respectful and honest to citizens, act with fiscal responsibility, and remain dedicated to improving services through progressive programs, effective training, and better technology. To reach us, please call (507) 334-4305.

Above, Three Faribault Police officers pose in an 1888 photo, and (R) a newer, much more current recruit, Brittany Owen. The Faribault Police Department has had a long history, and

now you can read about it in author Fran Miller's book, **Knights in Shining Blue Serge, the History of the Faribault Police Department.**



• Sign, Sign, Everywhere a Sign!

Every year the Police Department receives complaints of non-compliant signs left in the right-of-way along public roads. The Community Service Division removes many of these signs and attempts are made to return them to the owners, but the vast majority are discarded. The law is not intended to remove temporary "Garage Sale" or "Graduation Party" directional signs put into place for a short period of time for a specific event. For more information, please check out the City of Faribault Temporary Sign Ordinance Sec. 9-190.



Fire Department

Dustin Dienst, Fire Chief
ddienst@ci.faribault.mn.us
Phone: 507-334-8773 (Non-Emergency)

• Annual Open House

Sat., Oct. 3, 2015. 10am-2pm

The Fire Department will open their doors on Sat. Oct. 3, 2015 to the public. Come see the fire safe house and kitchen fire safety trailer, watch auto extrication and fire extinguisher demonstrations, fire station tours, thermal imager demonstrations. Besides many other activities, kids will have an opportunity to spray a fire hose!

• Learn Before You Burn!

As the popularity of backyard fire pits, fireplaces and chimneys have grown, so has the number of resident complaints about wood smoke. Working with the MN Pollution Control Agency, the American Lung Association has developed a website with information and resources on this topic that may be useful for you.

The *Learn Before You Burn* Community Toolkit includes sample advisories, public service announcements (PSAs), and other materials local governments and groups can adapt or adopt to meet the needs of their communities.

Find the Learn Before You Burn Toolkit here:
www.learnbeforeyouburn.com

Finance Department

Karla McCall, Finance Director
kmmcall@ci.faribault.mn.us
Phone: 507-334-2222

Public Works Dept.

Travis Block, Public Works Director
tblock@ci.faribault.mn.us Phone: 507.333.0361

• Rain Garden Class

Tues., Sept. 29, 2015, 6:30-8pm. FREE!

Public Works Conf. Room, 1200 Belview Trail

Learn about what a rain garden is, how they help keep lakes and rivers clean, basic maintenance, and places to find funding for your organization's rain garden installation! All are welcome, snack and refreshments will be provided. Workshop is hosted by the City in partnership with the CRWP for the City's Stormwater Pollution Prevention Program. Hosted by Cannon River Watershed Partnership.

Watermain Flushing

Flushing happens between 7pm and 5am.

Watermains will be flushed the week of Sept. 29-Oct. 2, 2015 on four separate nights, weather depending. Watermains are routinely flushed to clean the system. Residents are advised to avoid or limit water usage during the flushing period and check for discoloration prior to using water for laundry. If discoloration exists, run the cold water tap until it becomes clear. *It is recommended that residents shut water off at the meter to avoid drawing in rust particles or other debris being flushed from the lines.*

ZONE 1: Tues. Sept. 29
 South of 7th St. NW,
 West of 9th Ave., NW and SW.

ZONE 3: Thurs. Oct. 1
 North of 7th St. NW, West of 8th Ave. NW,
 North of Cannon River to North
 of 20th Street NW.

ZONE 2: Wed. Sept. 30
 South of 7th St. NW, East of 9th Ave., NW,
 SW, and West of Straight River.

ZONE 4: Fri. Oct. 2
 North of 7th St. NW, East of 8th Ave. NW
 to Cannon River at 16th St. NW,
 including entire east side of
 the Straight River.

• Online Utility Bill Payments

The city website accepts utility bill payments online. Customers can pay by credit card, debit card or ACH using a checking or savings account. The City also provides an option for customers to receive electronic utility bills sent to an email address.

• Autumn Leaves

Autumn's beauty is a wonderful time of year for most of us as swirling winds catch falling leaves and send them skittering down the streets. What happens to those leaves? If composted, leaves can be used to build up soil for next year's garden.

Avoid putting leaves in the streets or gutters because stormwater will wash them into the storm sewer, which goes directly into our rivers. When the leaves wind up in our rivers and lakes where they dissolve into a nutrient-rich soup that adds phosphorus to the water. (Phosphorus is algae's favorite food--this is what creates the "green slime" seen on the water.) How much control do we have over phosphorus going into our waterways? If you rake up five garbage bags of leaves, it will save one pound of phosphorus going into the water which in turn will create 1,000 pounds of algae!

Instead of raking or blowing leaves into the street, an easy solution is to bag leaves and take them to city compost site or compost them at home. Spread them on garden beds or mulch with a mower onto the lawn for a no-cost fertilizer. Use leaves for composting--you'll be doing your part for cleaner rivers and lakes for generations to come.

• City Compost Site

The City of Faribault maintains a compost site at 214 NE 14th Street, behind the city Wastewater Treatment Plant. Check signs for designated dumping areas. Only leaves, branches, grass clippings and garden waste are accepted. Weather permitting, the compost site opens in April and closes in November (actual opening and closing dates are weather-dependent). It is closed on holidays. Hours of service are: Monday 1-7pm, Wednesday 1-7pm, Saturday 8am-4pm.

• Help Wipe Out Pollution

Public Works has been experiencing a rise in the use of wipes, towels, disposable diapers and feminine hygiene products being disposed into the sanitary sewer. The use of these wipes has created problems with backups in residences and businesses.

Some of the culprits are wipes and towels used in health care, factories, in the shop, and at home on the floor, and in the kitchen and bathroom. If wipe containers display a "do not flush down the toilet" symbol do not flush them. Some claim they are flushable and will dissolve, but this is where the trouble begins. These types of the wipes take a long time to biodegrade, and when combined with grease and tree roots can cause severe blockages in sewer lines. Wipes should be disposed of in the trash, not the sanitary sewer. Sewer backups require money and time to correct the damage.

Everyone plays an important role in keeping the City's main sewer line clean and clear of blockages. For more details, please call the Public Works Department at 507-333-0361.



GROW YOUR BUSINESS IN
FARIBAUT!
507.334.0100 - www.faribault.org



P A R K & R E C Welcome!

Faribault Park & Rec

15 W. Division Street
Phone: 334.2064

Email: ParkandRec@ci.faribault.mn.us

► David Pribbenow
Adult Program Supervisor
dpribbenow@ci.faribault.mn.us

► Jeff Jarvis
Enrichment Supervisor
jjarvis@ci.faribault.mn.us

► Jill Stroudman
Youth Program Supervisor
jstroudman@ci.faribault.mn.us

► Shane Wampler
Aquatics Supervisor
swampler@ci.faribault.mn.us

PARK & REC HOURS

Monday-Thursday:..... 5:30am-8pm
Friday:..... 5:30am-6pm
Saturday:..... 8am-5pm
Sunday:..... 12pm-6pm

REFUND POLICY

We reserve the right to cancel programs due to low enrollment. Full refunds are given when this occurs. Persons withdrawing registrations must give 72-hours notice before the program starts to receive a full refund. No refunds made after 72-hours prior to the start of an activity unless due to medical or unavoidable circumstances. *No refunds after activity is 50% completed.*

PHOTOGRAPHY DISCLAIMER

The Park & Rec Department reserves the right to take photographs at our events and activities to help promote future city programs.

GIFT CARDS

What better way to say "come out and play" than with a Park & Rec gift card? Since any monetary amount can be applied to gift cards, your friends or family can enjoy nearly everything Park & Rec has to offer: Youth/Adult rec and sports, memberships to aquatic programs and fitness center, outdoor Aquatic Center tickets, park shelter or pool party rentals, the list is longer!

ASL INTERPRETER SERVICES

Interpreter services are available for Park & Rec programs, but class registration and an interpreter request must be provided to the Community Center a minimum of *ten days* in advance of class start date. Please see www.ci.faribault.mn.us/assets/interpreterrequestformlayout1.pdf for the required form.

TOMMY ALLEN SCHOLARSHIP FUND

Youth 15 and under may be eligible for reduced fee scholarships to participate in recreation or sports. Please inquire at the Community Center.

INJURY DISCLAIMER

The Park & Rec Department will not be held responsible for any accidents or injuries sustained by any participant during our programs.



Park & Rec would like to recognize the following businesses, groups and individuals for their donations. Due to their generous support, these programs have been able to stay in the summer schedule without reductions in quality, staff, or supplies. Thank you for giving back to the community!



Hundreds of Kids & Their Pets!

With slightly less than perfect parade weather, the 2015 Pet Parade, "Into the Jungle" was one of the best ever for Faribault residents and visitors. Onlookers witnessed a wacky assortment of kids, pets, and parents walking the streets. The parade is the culminating event of the Park & Rec summer offerings. To see hundreds of current Pet Parade



photos, search Facebook under Faribault Parks and Recreation. Like Us!



Pet Parade Winners 2015 Costumes

1. Iva Schultz & Margaux Narvaez "The Little Lions"
2. Riley Hoyslerm Tennyson Rieger, Kendall Egger, Ella Beardsley, Ellie Eggert, Aubrie Newport, Parker Hoiser, "The Cats"
3. Ava & Nora Becken, "The Butterflies"

Ripsticks, Rollerblades, & Skateboards

1. Layni Odell Big Dogs
1. Asia & Gabe Filippi and Lexi
2. Melissa Henning and Belle "Dinosaur Dog"
3. Sampson and Alexandra Little Dogs
1. Sulleigh Richie and Scout
2. Tori and McKenzie Manahan "Cheetah girls"
3. Kirra Hanson, Tink, Tommy, Spike, Sheri Newport "Weiner Dogs"

Kittens & Cats

1. Jungle Wagon
2. Chandra Kaderlik

3. Makia Bauer

Rabbits

1. Rick & Renee Boevers
2. Copper

Wagons

1. Hullett & Strouth
2. Kaderlik Kids
3. Cap's Safari, Ashton Cap

Strollers & Buggies

1. Haylee Odell

Unusual Pets

1. Seth Kerrigan

Farm Animals

1. The Langeslugs
2. Safari Guides

Horses

1. Hunter & Aiden Conrad

Floats

1. Faribault Lutheran School
2. Hasara Family
1. Divine Mercy Preschool Summer Camp
2. Bear Necessities

Grand Prize: Flintrop Daycare



The Concert Series Draws to a Close!

A Great Summer of Music!

This year, concert-goers witnessed ten evening concerts, but also enjoyed watching nine en plein air artists draw inspiration from the music in their paintings. Thanks to sponsor donations and generous funding from the Clean Water Land & Legacy Amendment Grant this year, the outdoor concert series and the newly-added en plein air segment was a great addition to warm summer evenings in Faribault.

Thanks to the concert sponsors: 1st United Bank, Cardinal Pointe, the Cathedral of Our Merciful Saviour, Hometown Credit Union, Slinger Electric, and the State Bank of Faribault!

Joel Raaen Set to Retire!

Joel Raaen will retire this summer after 36 years of coordinating the Concerts in the Park summer series for Park & Rec. Passion and dedication to fostering the musical arts have been Joel's mission in the city. To honor Joel, the City of Faribault will be installing a memorial bench in his name at Central Park.



En Plein Air Art Exhibit

Reception: Tues. Sept. 8, 7-9pm. Exhibit runs Sept. 8-11, 2015
Held in the Buckham Center Commons Area

To celebrate the end of the plein air program at Central Park, an exhibit of artwork produced during the outdoor concerts is being planned for Sept. 8-11. The opening reception will be Sept. 8, 7-9pm. Refreshments and treats will be served.

Youth Safety Camp

- ◆ 1st United Bank
- ◆ Allina Health
- ◆ Mercury Minnesota
- ◆ Phone Station
- ◆ Tri-Lakes Sportsman
- ◆ American Legion Post 43
- ◆ Kiwanis Club
- ◆ Moose Lodge 2098
- ◆ State Bank of Faribault

Youth Baseball Uniforms

- ◆ 1st United Bank
- ◆ King Orthodontics
- ◆ Godfather's Pizza
- ◆ State Bank of Faribault
- ◆ J & J Bowling Center
- ◆ Custom Glass & Mirror
- ◆ I & S Group

Youth Baseball Scoreboards

- ◆ Ace Hardware*
- ◆ State Bank of Faribault

Pet Parade Donors 2015

- 1st United Bank
- A & W
- ABC Bus
- Advanced Trading
- Affinity Plus Credit Union
- Alfred & Dorothy Brodie
- Animal Center
- Anna Doe's
- Arby's
- B & J Sewing
- Bio Wood Processing
- Bloom Floral
- Brazil's Barbershop
- Burkhardtmeier Shoes
- Cencel Mobile
- Cennedigh, Inc
- Country Kitchen
- Creating A Ruckus Too
- DeCoux Automotive
- Eastman Music
- Erickson Chiropractic
- Erickson Furniture
- Fareway
- Fastenal
- Faribault Garden Ctr
- Faribault Print Shop
- Faribault Rental
- Faribault Woolen Mill
- Faribo Insurance
- Farm & Home
- Fette Electronic
- Fitness in Motion
- Floor to Ceiling
- Floren by Farmer
- Glam Central Salon
- Grand Central Salon
- Gran Plaza
- Gary Voegle Attorney
- Godfather's Pizza
- Hardee's
- Harley's
- Heartman Insurance
- Heine Agency
- Humfield Chiropractic
- Hy-Vee
- IFF, Inc
- John's Bait & Tackle
- KFC
- KDHL
- Midwest Dental

- Mobil
- Pizza Hut
- Potter Chiropractic
- Quality Appliance
- Sammon Home Improvement
- ServPro, Inc. dba
- Sherwin Williams
- Southern China Cafe
- Sportswear by Design
- State Bank of Faribault
- Sunset Salon
- Tom's Pro Glass
- Taco Johns
- The Coffee Shop
- The Depot
- La Floride Jalisco
- Lake Country Convenience
- Mac's Shacks
- Mexican Shop
- Parker Kold
- Ron's Pawn Shop
- The Nook & Cranny
- The Signature
- Vols Flooring
- Weber P.T.
- Weichert's
- Woodlands

FOR 10 REASONS TO COACH

► BE A VOLUNTEER

COACH



BE A PART OF THE TEAM!

Volunteer coaches are a big part of running Park & Rec sports. Currently we have a need for coaches to run Gr. 3-6 Volleyball, Cub Football, and Flag Foot

ball. If you have an interest in to be a volunteer coach, please contact Park & Rec at 334-2064. Be a coach and your child plays for free!

1. To Bond With Your Own Child
2. To Teach Youth About Fairness
3. To Share Your Love of the Game
4. Because You Played the Sport Yourself
5. Because You Are Patient & Slow to Anger
6. To Make a Positive Impact on Youth
7. To Give Back to the Community
8. Because Your Child Likes the Idea
9. Because You Aren't Fanatically Competitive
10. Because You Don't Expect Perfection

Youth Volleyball League

For Grades 3-6

This Volleyball League has six competition dates!

The Gr. 3 & 4 League plays 3-on-3 with a lightweight volleyball and a 6' net. This type of play offers more touches with the ball which benefits the beginning volleyball player.

The Gr. 5 & 6 League plays 6-on-6 rotation with a traditional volleyball and a 7' net. All teams are made according to grade and school. Some schools may need to be combined. (Faribault Grades 5 & 6 will be mixed together.)

Instruction & Practices:

Coaches (typically parents) plan and lead 1-2 practices a week at Park & Rec gyms between 3:15-6:15pm. Players are notified of their practice schedule by Sept. 18. Coaches are required to attend the American Sport Education Program to receive tips from the Positive Coaching Alliance.

Games are played primarily on Saturdays, 8:30am-2pm.

Season: Runs approximately Sept. 14-Nov. 21, 2015.

Volunteer coaches are needed to run this activity. If you are interested in coaching, call 334-2064 or email jstrodman@ci.faribault.mn.us.

Coach's Meeting: Wed., Sept. 9, 4:30-6:15pm at Park & Rec



Registration Information

Registrations accepted until Sept. 3 or until teams are full. Teams are limited to 9 players/team for Gr. 3/4 and 12 players for Gr. 5/6. Registrations are taken on a first-come, first-serve basis. If you coach your child plays free! Early Bird Fee: \$32 by Sept. 3, \$37 after Sept. 3.

Session	School/Grade	Session	School/Grade
7010C34	Divine Mercy Gr. 3-4	7010R34	Roosevelt Gr. 3-4
7010C56	Divine Mercy B.A. Gr. 5-6	7010R5	Roosevelt Gr. 5
7010F34	Fbol Lutheran Gr. 3-4	7010S34	STEM School Gr. 3-4
7010F56	Fbol Lutheran Gr. 5-6	7010S56	STEM School Gr. 5-6
7010J34	Jefferson Gr. 3-4	7010M6	Middle School Gr. 6
7010J5	Jefferson Gr. 5	7010MSAD	MSAD Gr. 3-4
7010L34	Lincoln Gr. 3-4	7010W34	WEM School Gr. 3-4
7010L5	Lincoln Gr. 5	7010W56	WEM School Gr. 5-6
7010N34	Nerstrand Gr. 3-4		
7010N5	Nerstrand Gr. 5		



Cub Football

(Entering Gr. 4-6, Fall 2015)

Cub Football is changing FPR is joining the Southern MN Youth Football League, joining teams from Randolph, WEM, Blooming Prairie, Byron, LeSeuer-Henderson, Wasca, BA and others. Leagues are divided by Gr. 4, Gr. 5, & Gr. 6 teams. Rules are basically the same as always. If there are enough youth for two teams, they will be made as evenly as possible.

Training Camp: Aug. 17-19, Maple Lawn Park at 6pm. The first day of camp wear helmets only, no pads. On Days 2 and 3 pads and helmet are required. All players are required to provide a helmet, shoulder pads, and pants; mouthpieces provided. All participants get to keep their Cub Football jerseys! Program Fee: \$35.

Sessions

90001: Entering Gr. 4.
90002: Entering Gr. 5.
90003: Entering Gr. 6



Upcoming Winter Programs...



A Call from Santa

(FREE for K & Gr. 1 only)
The purpose of the program is to offer children in Kindergarten & Gr. 1 an opportunity to speak directly to Mr. or Mrs. Claus. If you wish to have your child receive a call from Mr. or Mrs. Claus, there is a form you will need to complete. Completed forms must be received by December 11. Email completed forms to jstrodman@ci.faribault.mn.us, or drop off a form at Park & Rec.

Forms are made Dec. 14 & 15, 5:30-7pm.
Forms are available Nov. 25 at Park & Rec or online at www.faribault.org/parks.



Winter Break

Gym & Swim (Ages 6-11)

Tues., Dec. 29, 2015, 10am-5pm

Join us for a day of playing games, crafts, storytelling and swimming. Our fabulous summer staff will be back and ready for action! All activities take place at Park & Rec. Swimmers must be able to swim independently without a lifejacket. Youth do not have to swim. MUST pre-register by Dec. 22.

Fee: \$10 (Ages 6-12 only) Max: 50 youth (Must bring a disposable sack lunch and beverages, tennis shoes, swimsuit, and a towel. An afternoon snack is provided.)



Bitty Basketball

Saturday Skills Camp (Gr. K-2)
Saturdays Jan. 9-Feb. 13, 2016

#7020S1: K / Boys & Girls, 8:30-9:15am
#7020S2: Boys Gr. 1/2, 9:20-10:20am
#7020S3: Girls Gr. 1/2, 10:30-11:30am
Early Bird Fee: \$25 by Dec. 30, \$30 after. Registrations taken until all spots are filled. Min. 12 / Max 24

Bitty Basketball

Weekday Skills Camp (Gr. K-2)
M/W, Jan. 11-Feb. 3, 2016

#7020A1: K/Gr. 1 & 2 Boys & Girls
Meets from 5:15-6pm.
Early Bird Fee: \$32 by Dec. 30, \$37 after. Min. 12/Max.20

Flag Football

(Entering Gr. 2-3, Fall 2015)

The Flag Football program is for youth entering Gr. 2-3 in the upcoming school year. Players learn fundamentals, teamwork, and just plain have fun! This program meets on T/TH at the Jefferson Warming House area.

First Practice: Tues., Sept. 8, 6pm at Jefferson Park.

Players meet at the Jefferson warming house. All youth will receive a Park & Rec t-shirt. Volunteer coaches are needed. Be a head coach and your child plays in the program free.

Coach's Meeting: Mon., Aug. 24, 6pm at Park & Rec.
Program Fee: \$30.00

Sessions
#90101 Entering Grade 2 #90102 Entering Grade 3

PARK & REC Recreation



Indoor Open Skating

The Community Center offers open skate time at the Faribault Ice Arena. The cost is just \$4 per person or \$10 per family. Save money and purchase a \$40 punch card with 12 punches. Ice Arena skate rentals cost \$2.00. The Faribault Ice Arena is located at the Rice Co. Fairgrounds. **Dates in bold are FREE SKATING DAYS, no admission charged if each person brings a canned food donation.**



Learn to Skate Hockey Skating Skills

Ages 3-10 can learn hockey skating skills during afternoon Open Skates at no extra cost!

The Faribault Hockey Association and Faribault Park & Rec are offering a Learn To Skate program geared towards learning skills of hockey skating. Members of the hockey association and players from the Faribault hockey team will teach classes held on Saturdays from 12:30-1:15 during Open Skate. Classes are for youth ages 3-10.

Participants and their families can enjoy Open Skate together, and youth learn skating skills for a lifetime. The Hockey Skating Skills program ends December 1.

Ice Arena Open Skate Schedule	
October	November
Sat. Oct. 10, 12:30-3:30pm	Sun. Nov. 1, 6-8:30pm
Sun. Oct. 11, 6pm-8:30pm	Sat. Nov. 7, 12:30-3:30pm
Wed. Oct. 14, 12:30-3:30pm	Sun. Nov. 8, 6-8:30pm
Thurs. Oct. 15, 12:30-3:30pm	Sat. Nov. 14, No Open Skate
Fri., Oct. 16, 12:30-3:30pm	Sun. Nov. 15, 6-8:30pm
*Sat. Oct. 17, 12:30-3:30pm	Sat. Nov. 21 No Open Skate
Sun. Oct. 18, 6pm-8:30pm	Sun. Nov. 22, 6-8:30pm
Sat. Oct. 24, 12:30-3:30pm	*Fri. Nov. 27, 12:30-3:30pm
Sun. Oct. 25, 6-8:30pm	Sat. Nov. 28, 12:30-3:30
Sat. Oct. 31, 12:30-3:30pm	Sun. Nov. 29, 6pm-8:30pm
*Free Skating w/ Canned Food Donation	
<i>All dates are subject to change due to ice availability.</i>	

Participants are encouraged to purchase an Open Skate punchcard for admission into the class that happens during Open Skate time. Open Skate Punch Cards: \$40 (plus tax) for 12 punches. See the Ice Arena Indoor Open Skate schedule (above) for dates.

Equipment: A warm coat, a bike or hockey helmet, gloves. Hockey equipment (skates, helmet, and pads) may be rented from the Hockey Association for \$25 with a security deposit that is returned at the end of session. For rental details, see the Faribault Hockey Association website at www.faribault.pucksystems2.com.



Ice Skating Classes

Learn ice skating basic skills and more in a fun and enjoyable atmosphere at the Shattuck-St. Mary's Skating Academy. Classes are divided by age and level, Child (ages 4-5) and Youth (ages 6 and older). All skaters must begin at the first level unless previously attended classes. New skaters will be evaluated the first day of class and will be moved if necessary.

Levels of Instruction

Squires: Teaches basic skills to ages 4-6 who have never had instruction in a fun, safe, and nurturing environment.

Advanced Squires: Ages 4-6. At this level the child should be able to glide across the ice. The child will begin to learn the proper method of pushing and gliding across the ice. Forward swizzles and back wiggles are also taught.

Jesters: Ages 7-12. Learn the proper way to fall and get up from a kneeling position, skating forward across the rink without falling, gliding forward on two feet, forward and backward two-foot swizzles, snowplow stop, gliding forward on one foot, and two-foot hop while moving.

- Level 1-A: Beginners (4-5 yrs) with no previous experience.
- Level 1-B: (4-5 yrs) the intermediate level class is for skaters who have taken the level 1-A class.
- Level 2 class skaters need to skate forward, backward and stop independently.
- Skate rental limited (\$2.00). We recommend skaters supply their own skates.

Shields: Ages 7-12. Forward stroking (utilizing correct use of blade and neat footwork), two-foot turn from forward to backward, forward crossovers, and one foot snowplow stop.

Knights: Ages 7-12. Backward stroking, backward to forward two-foot turn on a circle, backward crossovers, and T-stops.

Wizards: Ages 7-12. Forward outside and inside edges, forward outside and inside three turns, forward mohawks, hockey stop.

Royals: Ages 7-12. Backward outside and inside edges, Bunny Hop, Waltz Jump, 1/2 Flip, 1/2 Lutz, 2 foot spin and 1 foot spin.

Teens: For ages 13 & Up. Designed for teens. It will follow the five basic levels and will have a more progressive curriculum.



What to Expect the First Day

- Helmets are recommended for all skaters.
- Dress warmly. Remember mittens.
- Wear only one pair of thin socks. Layers are better than coats. Jeans or pants made of stiff materials are also not recommended.
- Arrive at the Ice Arena at least 15 minutes before your lesson begins. Please check in with the Instructors at the table in the lobby as you walk in.
- Please wait to enter the ice until an instructor is present on the ice. Classes are thirty minutes each with 30 minutes of practice time (see schedule above).

Classes are held at the SSM Sports Complex: 1000 Shumway Ave. Faribault M. 55021

*Skating Level	SESSION I (7-Wk) Saturdays, 9/26-11/14 Skip 10/10. Fee \$77	SESSION IB (4-Wk) Saturdays, 10/24-11/14 Fee \$48.00	SESSION II (6-Wk) Saturdays, 1/2-2/13 Fee \$66.00	SESSION III (6-Wk) Saturdays, 3/12-4/16 Fee \$66.00
Level IA (Ages 4-5)	9:45-10:45am	9:45-10:45am	9:45-10:45am	9:45-10:45am
Level IB (Ages 4-5)	9:45-10:45am	9:45-10:45am	9:45-10:45am	9:45-10:45am
Level II (Ages 4-5)	9:45-10:45am	9:45-10:45am	9:45-10:45am	9:45-10:45am
Level III (Ages 4-5)	9:45-10:45am	9:45-10:45am	9:45-10:45am	9:45-10:45am
Level IA (6 & Up)	9:45-10:45am	9:45-10:45am	9:45-10:45am	9:45-10:45am
Level IB (6 & Up)	9:45-10:45am	9:45-10:45am	9:45-10:45am	9:45-10:45am
Level 2 (6 & Up)	9:45-10:45am	9:45-10:45am	9:45-10:45am	9:45-10:45am
Level 3-4 (6 & Up)	9:45-10:45am	9:45-10:45am	9:45-10:45am	9:45-10:45am
Level 5-6 (6 & Up)	9:45-10:45am	9:45-10:45am	9:45-10:45am	9:45-10:45am
Freestyle Beg. (6 & Up)	9:45-10:45am	9:45-10:45am	9:45-10:45am	9:45-10:45am
Freestyle Adv. (6 & Up)	9:45-10:45am	9:45-10:45am	9:45-10:45am	9:45-10:45am

For more skating class information, contact Tom Hickey at (507) 333-1516 or Email thickey@s-sm.org. Visit us on our website: www.s-sm.org.

*Classes held in the Studio Rink. No practice time.



www.faribault.org/parks

Drop-In Activities



Racquetball



Noon Ball



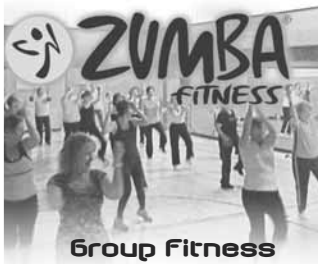
Pickleball



Armory Open Gym



Fitness Center



Group Fitness

PARK & REC Adult Sports

Let's Play Racquetball!

Park & Rec has two indoor courts for drop-in open play and league! Grab a partner for racquetball, handball or put together a walleyball team! Enjoy one of these great ways to have fun, improve your fitness, and socialize with your friends! Call 334-2064 to reserve a court. Racquetball is \$5/Hour per person.

New City Racquetball Champ

Congratulations to Micah Tilstra for winning the Winter 2015 league tournament!

OPEN RACQUETBALL (T/TH)

All league players are invited to play over the noon hour every Tuesday and Thursday from 11:30-1:30. To be added to an email invite list, please contact us via email at jjarvis@ci.faribault.mn.us.



Whether a novice or experienced, get in on the fun! In this league, set up weekly league matches that fit your schedule. Players are put in leagues that come closest to their playing level. Limit 10 players each league. Playoffs conclude all leagues. Schedules and league info are emailed to players before league begins. Free league shirts to all participants. Save \$5 and register by the early bird dates below. League fee pays for all league games and playoff matches.

Registration:

Online: www.faribault.org/parks/onlineeregistration, at the Community Center, or by phone, call 334-2064. Call Jeff at 507-384-0516 for details.

League	League Dates	League Early Bird Registration
Fall	Oct. 1-Nov. 17	League Fee \$33, after Sept. 27, \$38
Winter	Dec. 3-Feb. 20	League Fee \$33, after Nov. 28, \$38



www.faribault.org/parks



Tae Kwon Do

Age 8 and Up, & Adults too!

Tae Kwon Do is a Korean martial art form that develops self-defense, discipline, self-control, and flexibility. The instructor, Nancy Wilber, is associated with the Park Institute of Tae Kwon Do in Rochester and is a 6th Degree Black Belt. Each session lasts eight weeks. After the first 8-week session the student passes on to the Advanced Level. Classes meet T/TH throughout the year.

Location: Washington Rec Center. Fee is \$50.

Session	Date	Level	Time
#90716A	Sept. 15	Beginners	6:30pm
#90716B	Sept. 15	Adv. Beginners	7:00pm
#90717A	Nov. 10	Beginners	6:30pm
#90717B	Nov. 10	Adv. Beginners	7:00pm



Open Pickleball

Come join other pickleball players for open play on T/Th, 7am-10am, Tuesdays 6:30-8pm in the Park & Rec Gym. Fee: \$2, or a 14-use punchcard for \$20.



Noon Ball @ Park & Rec!

Looking for a great opportunity to shoot some hoops to break up the day? Adult Noon Basketball only costs \$2.00 a day. Bring a friend for open play! Runs Monday-Friday, 11:30am-1pm.

Adult Volleyball League

We once again are offering a split season. This will hopefully allow more teams to participate and then we can move teams after the first half so that they may be more competitive (whether it is up or down). The first half-season will be the week of Oct. 5 through the week of Dec. 7 (no play the week of Nov. 23). The week of Dec. 14 will be a make-up week if needed.

The second season begins the week of Jan. 4 and runs through the week of Feb. 29. There will be a single elimination playoff after Season 1 and a double elimination tournament after the Second 2. All teams will be in a league playoff.

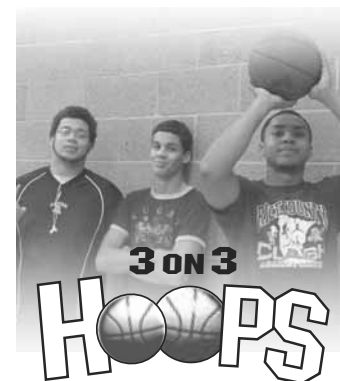
New Men's Power Traveling League!

Men's Power Volleyball will play in a traveling league with Owatonna. Games will be played in Faribault and Owatonna. The season will NOT be split and teams will pay for the full year. It will be a 30-game season with a double elimination tournament at the end of the season. Rules will be developed at the beginning of the season and will be distributed to all the teams.



IMPORTANT VOLLEYBALL DATES	
Sept. 24	Last day to submit Sponsor Fee for Season I.
Sept. 24	Manager's Meeting 6:30 Women's League, 7pm Men's & Co-Rec
Week of Sept. 28	One week of unofficiated practice games will be scheduled starting the week of Sept. 28.
Oct. 5	SEASON I League play begins
Dec. 17	Last day to submit sponsor fee for Season 2.
Dec. 17	Manager's Meeting 6:30 Women's League, 7pm Men's & Co-Rec
Jan. 11, 2016	Last day to add roster players, and submit deposit for State Tournament.
Jan. 4, 2016	SEASON II League play begins.

VOLLEYBALL LEAGUE INFORMATION		
Season I League Fee: \$275 (All leagues except Men's Power) Season II League Fee: \$275 (All leagues except Men's Power)		
Men's Power Full Season: \$620 Park & Rec now accepts VISA, Mastercard & Discover!		
League	Night	Location
CoRec Power	Monday	Armory
CoRec Middle	Monday	Armory
CoRec Lower	Monday	Armory
Men's Power (Doubleheaders)	Tuesday	Armory
Men's C Wed.	Wednesday	Armory
Women's Power	Thursday	Armory
Women's Upper Semi-Power	Thursday	Armory
Women's Semi-Power	Thursday	FCC
Women's C	Thursday	FCC



Wednesday Night League

The Wednesday Night 3-on-3 Basketball is a recreation-level league. Games are cross-court and are not officiated. The Manager's Meeting will be Oct. 5 at 6:30pm in the Peterson Room at the Faribault Community Center. The 3 on 3 season begins October 21. The season consists of 12-games plus all teams make a single elimination tournament at the end.

Registration Fee: \$190.00 (Sales tax included). Sign up today!

Men-Women-CoRec SpikeFest Tourney January 23, 2016



This fundraiser tourney benefits the Tommy Allen Youth Scholarship Fund offered through Park & Rec. To join in the fun, please contact David at 334-2064 or email to: dpribbenow@ci.faribault.mn.us, or to Chris at chris@woodcarverswarehouse.com. Tournament will be held at the new Faribault National Guard Armory.

Saturday: Men's & Women's Tourney
Sunday: Co-Rec Tournament





INFO
HOTLINE
384-0539

P A R K & R E C

Aquatics

Lessons - Training - Lap Swim - Aerobics



Shane Wampler

Aquatics Supervisor
Community Center Pool &
Outdoor Aquatic Center
15 W. Division Street
Phone: 507.384-0519
swampler@ci.faribault.mn.us

Faribault Swimming

We take an innovative approach in assisting people of all ages to learn swimming and water safety skills. The Community Center Pool is an indoor pool that is heated to a pleasant 86 degrees.

Waiting Lists

We would like every opportunity to serve you. If a class you want fills before you register, you may place your name on a waiting list. Additional classes may be added to accommodate the waiting lists.

Cancellations

We reserve the right to cancel any class due to insufficient enrollment; a full refund will be given when this occurs. A class that has insufficient enrollment may be cancelled as early as one week prior to the start date.



www.faribault.org/parks

Enrolling in the Proper Level

Please follow the recommendation of your child's instructor. The certificate you receive at the end of the session indicates the level your child should enroll in next. It is not uncommon for a student to repeat a level several times before moving on. Each level is structured to build on the skills learned in the previous level. A student who does not possess the minimum skills for the level enrolled in will hinder the progress of the other students in the class as well as their own. In many cases it is difficult to determine early on whether a student will pass or need to repeat a level. For these reasons, it is important that you wait to register until you are certain what level the student is in.

American Red Cross Learn-to-Swim Programs provide instruction to help swimmers of all ages and abilities develop swimming and water safety skills. It is designed to give students a positive learning experience.

Learn-to-Swim teaches aquatic and safety skills in a logical progression. The objective is to teach people to swim and to be safe in, on, and around the water.

Skills are categorized this way:

Water Entry & Exit, Breath Control and Underwater Swimming, Buoyancy, Changing Direction and Position, Treading, Swimming on Front, Back and Side, General and Personal Water Safety, and Helping Others.



Private Swim Lessons

Enjoy special rates on private swim lesson packages. Each lesson is thirty minutes with a trained swim instructor. One lesson for \$25, three lessons for \$65, and five lessons for \$100. Times: Wed. & Fri. 4-5pm, Sat. 8-8:30am, Sundays 6-8pm. Other times by appointment.

Fall 2015 Swim Lessons T/TH Evening Schedule \$33 per Class

CLASS	SESSION #
Sept. 8 - Oct. 1 5:30-6:00pm	
Infant Toddler	54601
Sept. 8 - Oct. 1 6:05-6:35pm	
Parent/Preschool	54701
Sept. 8 - Oct. 1 6:40-7:10pm	
Aqua Squirts	54801
October 6-29 5:30-6:10pm	
Level 1	54101
Level 2	54201
Level 3	54301
October 6-29 6:15-6:55pm	
Level 1	54102
Level 2	54202
Level 4	54401
October 6-29 7:00-7:40pm	
Level 1	54103
Level 2	54203
Level 5	54501
Nov. 3-Dec. 1 (Skip 11/26) 5:30-6:10pm	
Level 1	54104
Level 2	54204
Level 4	54402
Nov. 3-Dec. 1 (Skip 11/26) 6:15-6:55pm	
Level 1	54105
Level 3	54302
Level 5	54502
Nov. 3-Dec. 1 (Skip 11/26) 7:00-7:40pm	
Level 1	54106
Level 2	54205
Level 3	54303

Swim Lesson Information

Programs offered through Park & Rec include the Water Exploration series (Infant/Toddler and Parent/Preschool classes), and following these in sequence are Level 1-5 swimming lessons.

Fee: \$31 per class

Infant/Toddler

(For Ages 1 & 2)
Parent/Guardians are in the water with the child. Parent and child will focus on adjustment to the water. Class Min. 3/Max. 12

Parent/Preschool

(Age 3 & 4)
Parent/Guardians are in the water with the child. Parent and child will focus on floating, and basic skills. Class Min. 3/Max. 12

Aqua Squirts

(For Age 4)
Parent/Guardians observe the lessons from the pool deck. Swimmers will focus on basic water skills with little or no assistance. Class Min. 3/Max: 5

Swim Levels

Level 1 Objectives

Introduction to Water Skills:

Helps students feel comfortable in the water and to enjoy the water safely. Enter and exit water safely. Open eyes underwater to pick up submerged objects. Swim on front and back using arm and leg actions. Submerge mouth, nose and eyes. Float on front and back. Follow basic water safety rules. Exhale underwater through mouth and nose. Use a life jacket.
Class Size: Min. 3/Max. 6

Level 2 Objectives

Fundamental Aquatic Skills:

Gives student's success with fundamental skills. Enter water by stepping or jumping from the side. Open eyes underwater to pick up a submerged (Continued above, next column.) object. Roll over from front to back, back to front. Swim on side. Exit water safely using ladder or

side. Float on front and back. Tread water using arm and leg motions. Move in the water while wearing a life jacket. Submerge entire head. Perform front and back glide. Swim on front and back using combined strokes. Class Size: Min. 3/Max. 6

Level 3 Objectives

Stroke Development:

Builds on Level 2 skills by providing additional guided practice. Jump into deep water from the side. Bob with head fully submerged. Perform survival float. Butterfly-kick and body motion. Use Check-Call-Care in an emergency. Dive from kneeling or standing position. Use rotary breathing in horizontal position. Change from horizontal to vertical position on front and back.

Perform the HELP and Huddle position. Submerge and retrieve an object. Perform front and back glide. Perform front and back crawl. Perform a reaching assist. Class Min. 3/Max. 7

Level 4 Objectives

Stroke Improvement:

Develops confidence in learned strokes and to improve other aquatic skills. Perform shallow dive or dive from stride position. Perform open turns on front and back using any stroke. Perform the following- front and back crawl, breaststroke, butterfly, elementary backstroke, and swim on side using scissors-like kick. Use safe diving rules. Perform a throwing assist. Swim underwater. Tread water using sculling arm motions and kick. Perform compact jump into water from a height while wearing a life jacket. Care for conscious choking victim. Perform feet-first surface dive. Class: Min. 3/Max. 8

Level 5 Objectives

Stroke Refinement:

Provides further coordination and refinement of strokes. Standing dive. Pike surface dive. Tuck surface dive. Butterfly. Shallow glide two body lengths and begin a front stroke. Front flip turn. Breaststroke. Learn survival swimming. Perform rescue breathing. Backstroke flip turn. Elementary backstroke. Front and back crawl. Sidestroke. Class Size: Min. 3/Max. 8



Water Aerobics Weekly Schedule					
MON.	TUES.	WED.	THURS.	FRI.	SAT.
Water Shape Up 7:45-8:30am	Water Power 8:30-9:15am	Water Shape Up 7:45-8:30am	Water Power 8:30-9:15am	Water Shape Up 7:45-8:30am	Aqua Zumba 10:15am (Until May 30)
Wet Fit 8:45-9:30am		Wet Fit 8:45-9:30am		Wet Fit 8:45-9:30am	
Gentle Waters 9:45-10:30am		Gentle Waters 9:45-10:30am		Gentle Waters 9:45-10:30am	
W.E.T. Workout 4:15-5:00pm	W.E.T. Workout 4:15-5pm		W.E.T. Workout 4:15-5pm		
Deep Water Workout 6:30-7:15pm		Deep Water Workout 6:30-7:15pm			

Water Aerobics!

Aquatic exercise is both safer and more efficient than similar land-based exercise.

Consider these points:

- 1.) **Buoyancy** creates a state of near weightlessness that unloads the joints and cushions your movements allowing for greater freedom with less pain.
- 2.) **Viscosity** provides you with resistance for strength gains and toning.
- 3.) **Hydrostatic pressure** exerts force against the body that provides extra support for the joints and improves blood flow and lung function.
- 4.) **Warmth** is the feel good factor that allows the body to relax and perform better.

Ongoing Classes!

Shallow Water Workouts

Classes include Water Shape Up, Wet Fit and Gentle Waters. These classes are great for general conditioning, and for gentle rehabilitation without straining or overheating. Always check with a doctor before beginning a rehabilitation program.

W.E.T. Workout (Shallow Water Exercise)

If you want to lose inches, get into shape, relax or simply release the "real you" captured in a body suffering from too many pounds, too much stress and too little exercise, the aerobic W.E.T. Workout will work for you.

Deep Water Workout Class

By far the best way to tone your muscles and lose inches! Participants use flotation belts to stay vertical in the deep end of the pool. No swimming skills required. Combine water resistance with aerobic and toning activities to get a whole body workout that anyone can do.

Water Power Class Deep Water Exercise)

You do not need swimming skills for this class. Flotation belts are provided. Deep-water exercise is the quickest way to achieve full-body toning by using the resistance of the water. It is also a great totally non-impact aerobic workout.

Water Aerobic Class Fees:

\$5 per class or purchase a 14-use punchcard for just \$43. "Try your first class free!"



Just Add Water & Shake!

Come to the Zumba pool party and receive all the benefits of Zumba-- cardio, muscle strength, caloric expansion and muscle flexibility, and the cooling effect of water. Meets Saturdays at the Community Center Pool, 10:15-11am.

CPR & 1st Aid Classes

Certified Red Cross classes teach how to recognize emergencies, breathing and cardiac emergencies in adults, children and infants. Topics include heart/disease, injury prevention, minimizing shock, and treating sudden illnesses. AED training is available by request. Call Shane at 384-0519 for more information.

CPR & 1st Aid Classes: Certifications valid for two years with free online digital refreshers.

CPR Classes: If your CPR certifications have lapsed, take our 3-hour Adult, Infant & Child CPR combination class.

Refresher Classes: Take these classes if you need a CPR recertification.

Note: Registration deadline is one week prior to each class start date. Sign up for classes at Park & Rec, by phone with a credit card, or on the internet at:

www.faribault.org/parks/onlineeregistration.

CPR-1st Aid 8am-4:30pm Fee: \$92	CPR Class \$75 (Adult, Infant, Child)
Sat. Oct. 10	Sat. Sept. 12, 9am-Noon
Sat. Dec. 5	Sat. Nov. 14, 9am-Noon



Community Center Indoor Pool Lap Swim!

Enjoy a six-lane, 25-yard lap swim area. You tailor the speed, distance, and the amount of time for a perfect workout. Swim laps at your own pace to keep in shape.

Lap Swim Hours: (Sept.-May)

Mon.-Fri. 5:45-7:30am	
Mon.-Sat.	11:30am-1:00pm
Mon/Wed/Fri	5:00-6:00pm
Sunday	4:30-6:00pm

2015 Lap Swim Fees: \$5 daily admission, \$43 for an 14-use Punchcard, \$65 for an Individual 3-month pass, and a \$220 for the Annual Pass. (Applicable sales tax applies.)



Red Cross Lifeguard Training

For Boys & Girls Ages 15 & Up

This 31-hour course provides entry-level lifeguard candidates skills and knowledge to prevent, recognize and respond to emergencies. Learn how to provide care for injuries and sudden illness until advanced medical personnel arrive and take over. Class space is limited.

Prerequisites: Swim 300 yards, Swim 20 yards, retrieve 10-pound object and return to starting point.

October 16, 4-9pm. | October 17-18, 8-5pm

Note: must register at least one week in advance. Students must complete course work online before the start of class. Contact Shane for registration information.

Community Center Pool Fee: \$150 (Includes required book.)

Babysitter Training

For Boys & Girls, ages 11-15

This Red Cross course gives the knowledge, skills and confidence to care for infants and children. Must attend the full day to become certified. Bring a bag lunch and a baby doll. Treats & juice are provided.

Class Min/Max: 10/16. Location: Washington Center.

Fee: \$50 per class.

Saturday Class Schedule, 8:30-4:30pm

Aug. 29, Sept. 26, Oct. 24, Nov. 21, 2015



Water Safety Instructor

For Boys & Girls Age 16 & Up

This class is a 30-hour course. To participate in the Water Safety Instructor course you must be at least 16 years old and be able to demonstrate the following skills, and swim the following strokes consistent with the Red Cross Learn-to-Swim Level 4.

Stroke Performance Criteria:

Front crawl 25 yards, back crawl 25 yards, breaststroke 25 yards, elementary backstroke 25 yards, sidestroke 25 yards, butterfly 15 yards, maintain position on back 1-minute in deep water (floating or sculling). Tread water for one minute.

Contact Shane at 384-0519 or swamplper@ci.faribault.mn.us to be placed on a waiting list.

A Party at the Pool!



The Community Center Pool has rental times available for parties, church groups, company picnics, and other special events. Rentals are staffed by Lifeguards and Building Supervisors.

Haul in the birthday cake and prepare the party in the Peterson Room while the kids swim, safely guarded by our lifeguards. For just \$65, have the best pool party in town - in the Peterson Room and Pool during any Open Swim time, Saturday/Sundays from 1:00-4:00pm. Call Shane at 384-0519 for details or to schedule a party.

P A R K & R E C

Enrichment Activities



Jeff Jarvis,
Enrichment Supervisor
Phone: 384-0516
jjarvis@faribault.org

COMMUNITY CENTER HOURS:

M-TH: 5:30am-8pm FRI: 5:30am-6pm
SAT: 8am-5pm SUN: 12pm-6pm

REGISTRATION:

We reserve the right to cancel programs due to low enrollment -- in this case a full refund is given. Persons cancelling a registration must give 72-hours notice before the program starts to receive a full refund. No refunds made after 72-hours prior to the start of an activity unless due to medical or unavoidable circumstances. *No refunds after an activity is 50% completed. A valid email is requested for all registrations.*

SCHOLARSHIPS:

Youth 15 and under are eligible for the Tommy Allen scholarship fund. Please inquire at the the Community Center registration desk.

INTERPRETERS:

Interpreter services are available for Park & Rec programs. An interpreter request must be provided to the Community Center a minimum of 14 days in advance of class start date. See www.ci.faribault.mn.us for the required form.

INSTRUCTORS:

Do you have a unique talent or ability that you can teach? If you would like to teach others, contact Jeff at 307-384-0516 or jjarvis@ci.faribault.mn.us.

◆ Tuneful Tots

Music Program for Ages 1-4



This 5-week creative musical program enhances cognitive learning through active musical participation. Activities include singing, instruments, dancing and more! Register early, classes fill quickly! 9am & 10am classes. Instructor: Londa Schmitke. Washington Ctr. Fee: \$25

Schedule, Fall Session:

Saturdays, Oct. 24-Nov. 21, 2015
#1674A: 9am-9:45am #1674B: 10-10:45am

Schedule Winter Session:

Saturdays, Jan. 16-Feb. 13, 2016
#1675A: 9am-9:45am #1675B: 10-10:45am

Scholarships Available!



Fall 2015 Youth Firearm Safety

Dates: September 14, 15, 17, 21, 22, 24, 2015. Time 6:30-9pm.
Field Day: Sat., Sept. 19, 2015. 7:45am-1pm.

This program promotes responsible use of firearms and hunter responsibility. Six classroom sessions and a field day session are required to earn a MN Firearms Safety Certificate. Parent/guardian must accompany student during the entire field day. Must be age 11 by class start, attend all seven sessions and meet additional course requirements.

A student registration/parental release form needs to be filled out and a copy of a birth certificate or driver's license presented at registration. Register in person at Park & Rec. A \$5 supply fee is collected the first night at class. Students become fully-certified when a small fee is paid to the DNR. Location: FMS Cafeteria.



En Plein Air Art Exhibit

Reception: Tues. Sept. 8, 7-9pm

(Exhibit runs Sept. 8-11, 2015)

Held at Buckham Center.

To celebrate the end of the Central Park plein air program, an exhibit of artwork produced during the outdoor concerts is planned for Sept. 8-11. The opening reception will be Sept. 8, 7-9pm. Refreshments and treats will be served. Due to generous funding from the Clean Water Land & Legacy Amendment Grant this year, the summer outdoor concert series continued to be a popular attraction. This year, concert-goers witnessed ten evening concerts, but also enjoyed watching nine en plein air artists draw inspiration from the music in their paintings. Don't miss the opening reception Tues. Sept. 8, 7-9pm! The exhibit will run from Sept. 8-11, 2015.



"This activity was funded, in part, by the MN State Arts Board through the arts and cultural heritage fund as appropriated by the Minnesota State Legislature with money from the Legacy Amendment vote of the people of Minnesota on Nov. 4, 2008."



Youth & Adult

◆ Art Programs

Park & Rec art classes introduce kids to the arts with unique activities designed to strengthen creativity and stimulate imagination. Classes held at For details, contact Jeff at 334-2064. Washington Center. Min. 5/Max. 15. Save \$5 on each class - register by early bird dates!



• Doodle & Draw

(For Ages 5-10)

Learning to draw is a fundamental skill. In this class, kids learn the basics of drawing, sketching and doodling! All class supplies are provided.

Instructor: Jeff Jarvis
Date: MEA Wed. Oct. 14, 1-3pm.
Fee: \$12, after Oct. 10 fee is \$17.



• Nature, Art & Hids (Ages 7-12)

Kids go outdoors, feel the breeze, and paint and draw what they see in the surroundings! All class supplies are provided. Meets at one of the city parks.

Date: MEA Thurs. Oct. 15, 1-3pm.
Fee: \$12, after Oct. 10 fee is \$17.
Instructor: Barb Bruns



• Digital Painting

(For All Ages)

Using a free painting and drawing app, learn the fun of drawing and painting on your smartphone, Kindle, iPad, or other type of tablet. (Must know the basic operation of the device that will be used in class.) Contact Jeff at 307-334-2064 for details. Three sessions.
Early Bird Fee: \$15, after Oct. 5, \$20.

I: Wed. Oct. 7, 12-2pm (Adults)
II: Fri. Oct. 9, 9:30-11:30am (Adults)
III: Wed. Oct. 14, 12-2pm. (MEA-Ages 8-16)



• Artists Create in the Open Air!

A carryover from the summer concert en plein air series...let's keep making art through the fall outdoors! Capture the fleeting moment in the lighting nature provides. Bring your own supplies for these free gatherings! All medias are welcome...pencil, oil or chalk pastels, watercolor, acrylic and oil paints. For details, call Jeff at 334-2064. Please register ahead of date.
Date: September TBD. Downtown
Date: October, TBD. Central Park



• Air-Dry Clay Figurines

(For all ages)

Using air-dry clay, students will make caricature figurines! Create fun (and funny) people with this special type of clay.
Instructor: Tami Resler
Date: Sat. Oct. 17, 2015, 9am-11am.
Fee: \$12, after Oct. 1 fee is \$17. Material cost \$7.00.
Meets at Washington Ctr.



◆ Fish Camp ReCap!

Fun was had by all at the Park & Rec summer Fish Camps. The youngsters that participated in camp learned the basics of fishing, operating their own rod and reel, water safety, rules and regulations, and the importance of conservation. Thanks to Cabela's for the extra special camp donations!

Save the Date!

Winter Fish Camp

Jan. 16, 2016, 10:30am-2pm

Mark your calendars now for the Winter Fish Camp! Park & Rec, Cabela's, Tri-Lake Sportsmen and Rice Co. Sportfishing Association will once again offer this FREE indoor event! Winter Fish Camp will be held at Washington Center again this year.



◆ Intro to Photography

This in-depth, hands-on, step-by-step approach will teach you how to use your digital camera. Learn about lenses, depth of field, shutter speeds, creative composition, lighting, landscape photography, capturing action, ISO, and resolution. Also learn advanced topics like flash, night, and "artsy" photography. Bring your camera to class! For details, email Patrick@ermerphoto.com. This is a four-week class. Meets from 7-8pm each night.

Schedule: September, October, November, dates TBD.

Class Min/Max: 4/20. Location: Washington Center

Fee: \$35. Instructor: Patrick Ermer.



Get Your Bike Trail Map @ faribault.org/parks



Ballroom Dance Classes

◆ Sundays, Nov. 8, 15, 22, 2015

Learn to dance with Vic Albrecht, a 30-year veteran dance instructor who teaches a wide variety of lessons across the state. Come to Faribault's longest running dance program. Combine music and dance for fun, socialization and exercise! The 3-week dance programs meet at Washington. Wear comfortable shoes and loose clothes.

Couples Fee: \$52. Location: Washington Center.

Call or Click & Speak with Uici

Phone 651-414-1590

Email: VictorEAlbrecht@gmail.com



◆ Night Club Slow Dance & Other Dances **New!** (5pm)

This class offers dance patterns and moves useable in small spaces—night clubs, weddings, parties and more. Various old-time dances will be taught. Nights 2 and 3, oldtime polka and other dances are taught. Learn a basic line dance, (disco and country), the active triple count 16-step polka and waltz line dances, the Cowboy ChaCha, and the TushPush! Bring your high school kids! Sign up with a partner.



◆ Standard Beginner Ballroom Dance **New!** (8pm)

This all time favorite class offers an overview of popular social dances. Learn the conversation and corner

step in the smooth fox trot, sometimes called slow dancing. The basic box step and waltz steps will be taught in the elegant ballroom waltz, and yes, even the basics and women's under arm and alternating turns will be in the hot East Coast Swing.



◆ Ballroom Dance Latin Beginner **New!** (7pm)

This all-time favorite class offers a perfect overview of popular Latin dances. The Rumba will have side breaking steps and a slow quick-count. The ChaCha and Salsa will have cross turns and the Sweetheart! The American Tango will get you dancing promenades, the Medio Corte and more! Couples only.



Take special care of yourself with Park & Rec's Mind & Body programs. Classes held at Washington Center. Please register at Park & Rec or online.

Hatha Yoga Lessons

◆ Tuesday Hatha Yoga

#16048 H Tues. Aug. 18–Sept. 22, 8:30am \$27
#16048 L Tues. Sept. 29–Nov. 3, 8:30am \$27

◆ Wednesday Hatha Yoga

#16048A Hatha Yoga Wed. Sept. 2–Oct. 7, 4:45pm \$27
#16048B Hatha Yoga Wed. Oct. 14–Nov. 25, 4:45pm \$27 (Skip Nov. 4)

◆ Thursday Hatha Yoga

#16048 J Hatha Yoga Thurs. July 23–Aug. 27, 8:30am \$27
#16048 K Hatha Yoga Thurs. Sept. 3–Oct. 8, 8:30am \$27
#16048 L Hatha Yoga Thurs. Oct. 15–Dec. 3, 8:30am \$27 (Skip Nov. 5 & 26)

◆ Tuesday & Thursday Hatha Yoga

#16048 O Hatha Yoga (T/Th) July 28–Sept. 3, 8:30am \$42
#16048 P Hatha Yoga (T/Th) Sept. 8–Oct. 15, 8:30am \$42
#16048 Q Hatha Yoga (T/Th) Oct. 20–Dec. 3, 8:30am \$42 (Skip Nov. 5 & 26)

Pilates Lessons

◆ Wednesday Pilates (8:30am)

#16054 D Wed. Aug. 19–Sept. 23, 8:30am \$21
#16054 E Wed. Sept. 30–Nov. 4, 8:30am \$21

Ashtanga Yoga

◆ Wed. Continuing Ashtanga Yoga

#16042C Wed. Aug. 26–Sept. 30, 5:45pm \$29
#16042D Wed. Oct. 7–Nov. 18, 5:45pm \$29 (Skip Nov. 4)

◆ Wed. Beginning Ashtanga Yoga

#16037C Wed. Aug. 26–Sept. 30, 6:45pm \$27**
#16037D Wed. Oct. 7–Nov. 18, 6:45pm \$27**
(Skip 11/4) **First night is one hour

Barre Classes

◆ Tuesday Barre

#160P Tues. Aug. 11–Sept. 15, 7:30am \$27
#160Q Tues. Sept. 22–Oct. 27, 7:30am \$27
#160R Tues. Nov. 3–Dec. 8, 7:30am \$27

◆ Tuesday & Thursday Barre

#160 S Barre T/Th July 28–Sept. 3, 7:30am \$42
#160 T Barre T/Th Sept. 8–Oct. 15, 7:30am \$42
#160 U Barre T/Th Oct. 20–Dec. 3, 7:30am \$42 (Skip Nov. 5 & Nov. 26)

◆ Strength Training For Seniors

#163P Tues. Aug. 11–Sept. 15, 9:30am \$21
#163Q Tues. Sept. 22–Oct. 27, 9:30am \$21
#163R Tues. Nov. 3–Dec. 8, 9:30am \$21

◆ Women & Weights

Learn to use the strength machines and get comfortable using them. Class begins with a short warmup and ends with a stretching session. Classes held in the Park & Rec Fitness Center.
Dates: Wednesdays, 10am, Nov. 11–Dec. 16, 2015 (6-wk. Session)
Class Size: 6. Open to all, registration required.
Fee: \$20 (Free with an All Around Pass.)

◆ Yoga in the Park

Come to City View Park at 8:30am on the following dates to enjoy a slower-paced style of Hatha Yoga free of charge!

◆ Learn the Ropes!

FREE Fitness Room Orientations are Wednesdays at 4pm. Call 334-2064 to register.



Mind & Body Instructor
For well over 10 years, Denise Stewart has instructed a variety of mind and body programs for the City of Faribault's Parks & Recreation Department. Call 334-2064 or email dstewart@ci.faribault.mn.us for program details.



◆ Women's Self Defense

Learn to fight back and deter possible assailants from choosing you as their next victim! This course for women aged 16 and older includes discussion and application of physical self-defense techniques. Presented by Officer Malory House of the Faribault Police Department.

Program Includes:

- ◆ Discussion of "do's and don'ts" in your routine.
- ◆ Types of people chosen as victims.
- ◆ What to do/what not to do if you are attacked.
- ◆ Intro to the bodily response to surprise attacks
- ◆ Strengths and weaknesses of victims

Program Includes:

- ◆ Application of various self-defense tactics
- ◆ Scenarios (if time allows)

Registration Information:

Dates: Oct. 15 & 16, 2015, 7-9pm.

Fee: \$15 per two-night session. Held at Washington Center

Register at the Comm. Center, by phone 334-2064 with credit card, or

www.faribault.org/parks/online-registration.



Village Theatre Free Movie Series

Park & Rec and the Village are teaming up to offer two afternoons of family entertainment! Gather up the family and head downtown to the Village for a free movie! Movie titles are yet to be determined, but rest assured they will be feel-good family movies! The movies are free but pre-registration is required. Please pre-register online at www.faribault.org/parks or call 334-2064 and provide a valid email.

Movie Dates: Dec. 5 & Dec. 12, 1:30pm
Theatre maximum: 200.

Buckham Memorial Library

507-334-2089

www.faribault.org/library

Library Director

Delane James

djames@ci.faribault.mn.us



Children's Librarian
Deni Buendorf

dbuendorf@ci.faribault.mn.us



Storytime!

Tuesdays at 6:30pm,
Wednesdays & Thursdays
at 10:30am (30 minutes)
Children's Program Area.
Ages 0-6 with adult caregiver

Join us at the library for stories, songs, and fun! Storytime encourages language development and fosters a love of books and a lifetime of learning. Parents and caregivers will also learn about early literacy and get tips on how to help their child become ready to read. No registration necessary! The fall storytime session begins on Tues., Sept. 8. The last storytime of the year is on Thurs., Dec. 10. Storytime starts back up on Tues., Jan. 5 with the regular schedule.



Pizza & Pages

Pizza & Pages is an informal book club for youth in Gr. 6-12. We meet monthly in the library's Youth Activity Area to discuss books

we've chosen to read from an assigned genre or topic. Meeting dates and genres/topics will be announced in advance on the library's website and Facebook page. No registration necessary! Our first meeting will be on Mon., Sept. 28 from 4:00-4:45 in the Youth Activity Area at the library. We will discuss the books we read over the summer while enjoying tasty pizza! Future meeting dates and genres/topics will be announced in advance on the library's website and Facebook page.



Books & Brownies

Books & Brownies is an informal book club for youth in Gr. 3-5. We meet monthly in the library's

Youth Activity Area to discuss books we've chosen to read from an assigned genre or topic. Meeting dates and genres/topics will be announced in advance on the library's website and Facebook page. No registration necessary.

Our first meeting will be Mon., Sept. 21, 4:00-4:45 in the Youth Activity Area at the library. We will discuss the books we read over the summer while enjoying delicious brownies! Future meeting dates and books will be announced in advance on the library's website and Facebook page.



Library Hours

MON/WED: 9am-6pm

TUES/THURS: 9am-8pm

FRI. & SAT.: 9am-5pm

Tours & Visits

Buckham Memorial Library welcomes classes and youth groups for tours, story programs, and book talks. Contact Children's Librarian Deni Buendorf at 507-334-2089 to schedule a time for your group to visit the library.



"Get Away e Your Library" Teen Read Week

October 18-24, 2015

Escape the daily grind of school, homework, family responsibilities, and part-time jobs at Buckham Memorial Library during Teen Read Week! Check out fantasy novels, sci-fi, beach reads, travel books, tales of adventure and escape and more! Stop by today and dare to read, just for the fun of it!

Teens Top Ten

The nominees for the 2015 Teens' Top Ten List are listed below—stop by the library to check them out. Teens are encouraged to read the 25 nominees before the national Teens' Top Ten vote, which will take place Aug. 15 through Teen Read Week at www.ala.org/yalsa/reads4teens.



Minnesota Star of the North Picture Book Award

The Star of the North Picture Book Award was established by the Minnesota Youth Reading Awards (MYRA). Its purpose is to promote quality, engaging picture books and reading for pleasure among school-aged children. Throughout the year, teachers, media specialists, and public librarians are encouraged to present the nominees in appealing and meaningful ways, to read the books aloud, and to develop activities that will connect the literature to the curriculum. In March, students across the state vote on which books they think should win for the individual categories. The book receiving the most votes from children in Gr. K-2 is the winner.



Maud Hart Lovelace Book Award Nominees

The Maud Hart Lovelace Book Award is a children's choice book award designed to encourage recreational reading among school age children.

Maud Hart Lovelace was a famous Minnesota author, born and raised in Mankato at the turn of the twentieth century, and best known for her Betsy and Tacy series.

Students in Gr. 3-5 who have read or listened to at least

Here's How it Works:

- Each year ten picture book nominees will be announced.
- Students or library participants who read or have read to them at least eight of the ten nominees will be eligible to vote.
- Votes are collected by MYRA members each March.
- The award winner will be announced each year between April 18 and 25. New nominees will be announced at the same time.
- Award focuses on picture books intended for a K-Gr. 2 audience. However, pre-k and older children are also welcome to participate.

For more information about this award, visit: www.starofthenorthaward.org/



"Pst! I'm a MYRA member! Send me your book award votes!"

The 2014-15 Nominees:

- **Blizzard** written and illustrated by John Rocco
- **Brave Girl: Clara and the Shirtwaist Makers' Strike of 1909** written by Michelle Markel, illustrated by Melissa Sweet
- **The Day the Crayons Quit** written by Drew Daywalt, illustrated by Oliver Jeffers
- **Draw!** written and illustrated by Raúl Colón
- **Farmer Will Allen and the Growing Table** written by Jacqueline Briggs Martin, illustrated by Eric Larkin
- **Gaston** written by Kelly DiPucchio, illustrated by Christian Robinson
- **It's an Orange Aardvark!** written and illustrated by Michael Hall
- **Ninja Red Riding Hood** written by Corey Rosen Schwartz, illustrated by Dan Santat
- **Penny and her Marble** written and illustrated by Kevin Henkes
- **Scraps Book, The: Notes from a Colorful Life** written and illustrated by Lois Ehlert

three titles from the Division I nominee list and students in Gr. 6-8 who have read or listened to at least three titles from the Division II nominee list are eligible to vote for the Maud Hart Lovelace Award.

Students vote for a favorite title in March, so now is the time to start reading! See the list below and visit the library's special Maud Hart Lovelace Nominee sections in the children's and young adult areas to get started.

For more information about the Maud Hart Lovelace Award, visit: www.maudhartlovelace.org/

Division I (Gr. 3-5)

- **8 Class Pets + 1 Squirrel + 1 Dog = Chaos** by Vivian Vande Velde
- **Alien in My Pocket: Blast Off!** by Nate Ball
- **Calli Be Gold** by Michelle Weber Hurwitz
- **Double Dog Dare** by Lisa Graff
- **Elvis and the Underdogs** by Jenny Lee
- **Escape from Mr. Lemoncello's Library** by Chris Grabenstein
- **Fortunately the Milk** by Neil Gaiman
- **Fourth Stall** by Chris Rylander
- **Perfect Game** by Fred Bowen

- **Rump: The True Story of Rumpelstiltskin** by Liesl Shurtliff
- **Summer of the Wolves** by Polly Carlsson-Voiles
- **When Life Gives You O. J.** by Erica S. Perl

Division II (Gr. 6-8)

- **Buddy** by M. H. Herlong
- **Camo Girl** by Kekla Magoon
- **Counting by 7s** by Holly Goldberg Sloan
- **Fourmile** by Watt Key
- **Fourth Stall** by Chris Rylander
- **Lions of Little Rock** by Kristin Levine

- **One Came Home** by Amy Timberlake
- **One for the Murphys** by Lynda Mullaly Hunt
- **Perfect Game** by Fred Bowen
- **Rump: The True Story of Rumpelstiltskin** by Liesl Shurtliff
- **Summer of the Wolves** by Polly Carlsson-Voiles
- **Zombie Baseball Beatdown** by Paolo Bacigalupi



Adult Services



Adult & Family Services Librarian
Allyn McColley
amccolley@ci.faribault.mn.us

The library is a place that has something for everyone. There are resources for those who enjoy reading, but also for those who don't! From classic and bestselling printed books to downloadable eBooks, eAudiobooks, and books on CD. From free access to WiFi for your devices to Internet stations. We offer feature films, nonfiction films, and foreign films. We have pop, country, classical, jazz, soundtracks, and holiday music CDs,



magazines in print and Zinio digital magazines, vibrant spaces to exchange ideas with friends and family, and quiet spaces for study and research, or just reading the newspaper. Try out an iPad, pick up the latest Lucky Day bestseller, reserve a meeting room for your organization. Improve your digital literacy skills through Digital Discussions or the Northstar Digital Assessment modules. Map out your family tree using the HeritageQuest Online and Ancestry Library Edition databases. Teach yourself a new language with Mango.

Digital Discussions

Thursdays between 12-4 pm & 5pm-7pm, Buckham Main Floor. Drop in on Thursdays beginning in September for answers to library-related questions about all things electronic or digital. Staff will be available to try to help you with the complexities of eBook borrowing, online catalog navigation, BookMyne mobile app, Mango Languages, Zinio digital magazines, self-checkout, or your online library account. Bring any relevant charged up devices (iPad, Nook, Kindle, laptop) and your library card!

Check us out with BookMyne, our mobile library app, Facebook and Twitter.



New Arrivals

Is this your Lucky Day? This special collection is like the New Books bookshelf only better! It contains popular books and best-sellers that can't be reserved or requested. But if you walk past and see something you like, you can borrow it on-the-spot. The collection is changed often to make room for new items. Come see what's newly available-maybe it's your lucky day!



Large Print Books

Do you know that the library has hundreds of fiction and nonfiction books in large print format? Same great content (bestsellers, mysteries, romance, westerns, Christian fiction, science fiction and fantasy, travel, biography, etc.) but set in easy-to-read larger type.

- The Daring Exploits of a Runaway Heiress by Victoria Alexander—Romance
- Amish Promises—Neighbors of Lancaster County series by Leslie Gould—Christian Fiction
- Mr. Monk Helps Himself by Hy Conrad—Mystery
- Snow Queen by Michael Cunningham—Contemporary Fiction
- Love in Every Stitch: Stories of Knitting and Healing by Lee Gant—Nonfiction
- Out Came the Sun: Overcoming the Legacy of Mental Illness, Addiction and Suicide in My Family by Mariel Hemingway—Nonfiction Biography



New Nonfiction

- Windows 8.1
- The Map of Heaven: How Science, Religion, and Ordinary People Are Proving the

Afterlife

- Elon Musk: Tesla, SpaceX, and the Quest for a Fantastic Future
- Fu-Go: The Curious History of Japan's Balloon Bomb Attack on America
- Ancestors in Our Genome: the New Science of Human Evolution
- Women, Food and Desire: Embrace Your Cravings, Make Peace with Food, Reclaim Your Body
- Dealing with China
- Doodle Stitching: the Holiday Motif Collection...
- Isis: the State of Terror
- KL: a History of the Nazi Concentration Camps
- Grandma Gatewood's Walk: the Inspiring Story of the Woman Who Saved the Appalachian Trail
- The QB: The Making of Modern Quarterbacks
- Infamy: the Shocking Story of Japanese American Internment in World War II
- Our Kids: The American Dream in Crisis



New Fiction

- Eighth Grave after Dark—Mystery
- Epitaph: A Novel of the O.K. Corral—Western
- The Forgotten Room—Thriller
- I Refuse—Psychological Fiction
- Inside the O'Brien's—Medical Fiction
- The Last Flight of Poxl West—Historical Fiction
- The Love Song of Miss Queenie Hennessey—Contemporary Fiction
- Mall—Horror
- The Marriage Game—Historical Fiction
- Master Sergeant—Science Fiction
- Unidentified Woman #15—Mystery, MN Author
- What Follows After—Christian Fiction
- Vicious—Fantasy

New Foreign Films

Buckham Memorial Library has a foreign film collection of over 300 films in 47 different languages. Here are some newer titles:

- La Cienaga—Spanish
- Like Someone in Love—Japanese
- The Big City—Coward=Mahanagar—Hindi
- Charulata—Hindi



Graphic Novels

- Batman '66, v.1
- Beautiful Darkness
- The Boxer: The True Story of Holocaust Survivor Harry Haft
- The Cigar that Fell in Love with a Pipe
- Kill My Mother
- The Love Bunglers



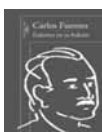
Libros en Español Nonficción

- Porque el Fútbol Importa
- Cartas a la Dra. Isabel
- Cortazar de la A a la Z
- Shred: Dieta Revolucionaria
- Un Corazon sin Fronteras



Libros en Español Ficción

- Federico en su Balcon—Political Fiction
- El Heroe Discreto—Peruvian Fiction
- Victus: The Fall of Barcelona—Historical Fiction
- Perdida: Gone Girl—Thriller



Military

- Blue Stars by Emily Tedrowe—Military Family Fiction
- Every Army Man is with You by Nicolaus Mills—Army Navy Nonfiction
- American Wife: Love, War, Faith and Renewal—Military Family Nonfiction
- The Reaper: Autobiography of one of the Deadliest Special Ops Snipers by Nicholas Irving—Military Combat Nonfiction
- Ashley's War: The Untold Story of a Team of Women Soldiers on the Special Ops
- Battlefield by Gayle Lemmon—Military Combat Nonfiction



Business

- The Age of Acquiescence: the Life and Death of American Resistance to Organized
- Wealth and Power by Steve Fraser
- The Monopolists: Obsession, Fury, and the Scandal Behind the World's Favorite Board
- Game by Mary Pilon
- How to Start a Home Based Craft Business.
- The Handy Investing Answer Book by Paul



Social Media & Mobile Access

Stay up-to-date with everything happening at your library by checking out our Facebook and Twitter pages. While you're at it, "Like" our Facebook page and you may be one of our "Every-100th-person-gets-a-prize" winners. Check us out on BookMyne too!



Facebook

Search "Buckham Memorial Library"



Twitter

www.twitter.com/BuckhamLibrary
 or www.twitter.com
 Search @BuckhamLibrary

BookMyne



BookMyne is the Library's mobile catalog app and is available for both Apple and Android smartphones. Use BookMyne to search the library catalog, place holds, to renew items, check your account, and look for your next great read!

Northstar Digital Literacy Assessments



The Northstar Digital Literacy Project and our library are collaborating to provide free online literacy assessments to interested learners. The assessments are not classes but are informational modules provided

to help learners determine which digital literacy skills they already have or in which areas they need further practice or instruction. Learners receiving a passing score on an assessment module will receive a printed certificate of completion that may be added to a job applicant's portfolio, or listed on a resumé. Library staff can direct learners to resources for those wishing to receive more instruction in an assessment area. Available literacy assessment modules are: Basic Computer, Internet, Windows, Mac OS X, eMail, Microsoft Word, Excel and Social Media.

Call the library at 507-334-2089 to set up an appointment with a digital literacy proctor to take one or several assessments or watch for set program times.



Outdoor Fun at the Library during Night to Unite!



Community Calendar

Faribault Events & Activities Sept. - Nov. 2015

August

▲ KC Club Golf Fundraiser

Thurs. Aug. 20, 4:30pm
4:30 Shotgun start, 9-Holes!

▲ International Festival

Sat. Aug. 22, 2015

Join in on the fun at Central Park for Faribault's annual International Festival. Food, fun and fellowship! Contact Peter for details at 507-412-9168.

▲ Just for the Hope of It

Sun. Aug. 30, 2015.
Bikers and non-bikers attend the Signature's benefit bike run to help Hope Center serve victims of domestic and sexual violence.
Register at the Signature 9am, leaves at 11am. Call 331-1657 or email dsonek@qwestoffice.net for details.

8th Annual

▲ Ride for Ruth's House

Sun. Aug. 30, 2015

September



Rice County Steam & Gas Engines, Inc.

Sept. 5-7, 2015
3 miles south of Northfield on Hwy. 3
www.ricecountysteamandgas.com

23rd Annual

▲ Taste of Faribault

Thurs. Sept. 17 2015. 5-8pm

Held at American Legion. Buy tickets at Chamber Sept. 1st.

▲ Sertoma Golf Tournament

Fri. Sept. 18, 2015. 12:30 Shotgun start.
See www.faribaultgolf.com for details.

▲ Nerstrand Woods Orienteering

Sat. Sept. 19, 2015. Noon-3:30pm

Join the MN Orienteering Club for an orienteering meet at Nerstrand Woods. See www.mnoc.org for details.

▲ 34th Annual River Bend Ramble

Sat. Sept. 19, 2015.

Held at American Legion. See www.rbnr.org for details.

▲ "Walk for One" Cancer Walk

Sat. Sept. 19, 2015. 8am on 4th Street NW

See www.walkforoneMN.com for details.



14

October

▲ "Hope in Harmony" Concert

Saturday, Oct. 10, 2015. 4pm.

River Valley Church, Faribault

A fundraiser event for three local nonprofits benefiting women and children: Ruth's House of Hope, Whispers of Hope, and the HOPE Center.

▲ CROP Hunger Walk

Saturday, Oct. 3, 2015. 8am

8am register at the Cathedral Cloister. Walk begins 9am at the Cathedral. For details: email Henry.Doyle@s-sm.org or www.churchworldservice.org

▲ South Central Art Tour

Oct. 17 & 18, 2015

See www.studioartour.com for a listing of art studios to tour.

November

▲ IRIS Turkey Trot

Thurs. Nov. 26, 2015. Check-in at 7am.

For details, see www.IrisRemembers.com.

December

▲ Hometown Holiday At Buckham Center

Thurs. Dec. 3 2015. 5pm-7:30pm

▲ Shattuck-St. Mary's Programs

Shattuck-St. Mary's School, Faribault, Minnesota 55021
Richard.Kettering@s-sm.org

September 19, 2015

Missoula Children's Theater presents Sleeping Beauty
Performances 3:00 & 5:30pm.

September 24, 2015

Songwriters in the Round featuring Derek Luttrell,
Brandon Sampson, and TBA - 7:30pm.

October 15, 2015

An Evening with Mark Twain featuring Don Shelby - 7:30pm.

*November 13, 2015

Minnesota Music Coalition presents the
Caravan du Nord - 7:30 pm. Bands TBA.

December 3, 2015

The George Maurer Group - 7:30pm.



BMX on Facebook

Search faribaultbmxfb.com for
schedules, race photos and much more!



www.faribaultmainstreet.org

Ladies' Night Out

Thurs. Sept. 24, 2015. Downtown

Downtown Fall Festival

Sat. Oct. 10, 2015. Noon-10pm

Small Business Saturday

Sat. Nov. 28, 2015

▲ Infants Remembered in Silence

Aug. 29 - Memorial Water Lantern Release. So. Alexander Park
Lantern Decorating open from 3-7:30pm
Picnic Supper 5pm
Ceremonial Program at 7:30pm
Lantern Release at 7:45pm

Sept. 18-20 Healing Takes Time Retreat

Oct. 15 - Tour of Bridges and buildings that IRIS has arranged to
have lit for Pregnancy and Infant Loss Remembrance Day

Nov. 3 - Turkey Trot custom shirt deadline

Nov. 9 - Turkey Trot Registration Closes

Nov. 25 - Turkey Trot Early Check-in/Onsite Registration opens

Nov. 26 - IRIS Turkey Trot

Nov. 30 - Registration due, Holiday Service of Remembrance

Monthly Support Groups

2nd Wednesday of the month, 11am-1 pm

4th Tuesday of the month, 7-8:30 pm

▲ DMCS Community Events

Contact Ginger Van Hecke for details at 334-7706 or email
gvanhecke@dmcs.cc.

Spooktacular 5K & Kids Fun Run

Oct. 24, 8:15am, DMCS Parking Lot.

Trick or Trunk

Oct. 31, 4-6:30pm, DMCS and B.A. parking lot. Fun and safe Halloween activity for area kids.

▲ Rice Co. Historical Society

1814 NW 2nd Ave., Faribault. 507-332-2121 Email: rchs@history.org

Website: www.rchistory.org. Hours: M-F 9am-4pm, Sat. 10am-2pm

RGHS Annual Meeting Thurs., Oct. 15, 5-8pm

Roger Koopmans will talk about and share photos of Faribault's
Lehman's Gardens.

Social at 5pm, Dinner at 6pm, Program at 7pm

Flea Market Sat. Sept. 12, 8am-2pm.

Museum Apprenticeship Program (Gr. 8-12) Begins Sept. 21.



Faribault
Community
Television

Charter Channel 181 &
Consolidated Communications
Channel 10

Bruce Krinke, Director
PO Box 363, Faribault, MN

Phone: 507.333.6169

Email: contact@fctv10.org

FCTV, in cooperation with the City of Faribault and the School District, provide the medium for individuals, groups, organizations and institutions to communicate within the city via local cable access channels. This includes broadcasts of City and School District council meetings, church services, and city events. For-profit businesses can advertise for just \$1 per day. See the website for a full programming schedule!

www.fctv10.org

Public Programs

Services From Area Agencies

▲ HeatShare Energy Assistance

www.centerpointenergy.com

To learn more, call The Salvation Army at 651-746-3400 or call toll-free 1-800-842-7279.

▲ Community Cafe'

Free Tuesday Night Suppers @ The Cathedral

Free meals are served each Tuesday, 5pm-6:30pm (unless weather forces schools to close). Look for the "welcome" sign as the entrance to the Cathedral Cafe at 101 NW 6th Street.

▲ St. Vincent DePaul

507-334-2100 Agency at 617 3rd Ave. NW.

Registrations: Register on M/W 9:30am-11:30am

Donations from parishioners and friends provide support to the services St. Vincent's provides. All donations go directly to those to be served. No services provided on T/TH, Sat. and Sun.

Produce Days: M/W, and 1st, 3rd, & 5th Fridays, 1-3pm. Free breads, desserts, fruit and vegetables.

Pantry Days: 2nd & 4th Fridays, 1-3:00pm. Free canned vegetables and meats, beans, rice, cereals, pasta, juices, dairy and frozen meat.

Clothing, Furniture & Appliances: M/W, and 1st, 3rd, & 5th Fridays at 9-11am. Free clothing, shoes, bedding, kitchenware, appliances, etc. as available.

▲ The Salvation Army

www.salvationarmy.com

The Salvation Army Thrift Store at Faribo West Mall, 200 Western Avenue N. Faribault, MN 55021. Contact Kandi or Sara at 507-333-1336 for volunteer opportunities.

▲ Faribault Food Shelf

Call the Food Shelf at 507-334-2137

Email: fbfoodshelf@yahoo.com

Located at Faribo West Mall, the Food Shelf supplies emergency food up to four times per year, or on a sustaining basis one time per month. For those in Faribault and Morristown School Districts.

▲ Auxilian Advocates for Health

The Auxilian Advocates for Health raise funds and share their talents to address health needs in the community. Contact Pat Umbreit, tower@q.com. District One is a part of Allina Health.

Used Accessory Sale & Used Jewelry Sale

Sept. 14 & 15, 2015. In the link at the hospital, 8am-5pm. We will be selling used purses, scarves, jewelry, belts, billfolds, and more.

▲ MN Food HelpLine

www.mnfoodhelpline.org or email www.mnfoodhelpline.org.

Please call if you or anyone you know are having difficult making ends meet. Call the HelpLine at 1-888-711-1151.

▲ Rice Co. Public Health

Put Life Back in Your Life!

Call now to sign-up for a Living Well With Chronic Conditions Workshop, designed for adults age 60 and older who want to take charge of their ongoing health problems and get relief from their pain, fatigue, and other symptoms. A free six-week workshop will be offered at Faribault Senior Center, 19 Division Street West, Faribault on Thursdays from 1:30-4pm, Sept. 10- Oct. 15, 2015. To register or for more details, call Public Health at 507-332-6111.

▲ Faribault Meditation Group

**Insight & Tranquility Meditation
for Practitioners of all Experience Levels**

Faribault Meditation Group is committed to encouraging one another in meditation to awaken insight and compassion. We welcome all interested in the practice of meditation to calm the mind, reduce stress, increase joy, and ultimately experience inner stillness, and divine radiance.

The group is organized and guided by Colleen Godfrey, a student of Buddhist, Taoist, and Non-dual wisdom. Newcomers welcome. Each session is guided, some with silent meditation, and/or chanting, lecture, and group discussion. No registration required. Drop-ins welcome. Cost: Offered free, based on the principle of dana. Location: St. Lucas/Deaconess Tower Chapel, 503 E. Division. Time: Tuesdays, ongoing from Sept. 1, 5:15-6:15pm. For details, call Colleen at 507-332-5125.

▲ Boksprings Rugby Club

Contact Nate Redlin at 612-396-1785

Email: bokspringrugby@gmail.com

Web: www.bokspringrugby.com

FB: Bokspring Rugby

Fall 2015 Boksprings Rugby Schedule

9/12/15 Faribault @ Iowa Falls, IA
9/26/15 NE Iowa Decorah @ Teepee Tonka Park
10/3/15 Faribault At Rochester
10/17/15 River City (Mason City) Teepee Tonka Park

▲ Atlantis Swimming Club

Website: www.teamunify.com/Home.jsp?team=mnst

The vision of ASF is to promote and develop skills, attitudes, and behaviors that encourage success in both the sport of swimming and in life. The fundamental purpose of ASF is to develop a lifelong appreciation for the sport of swimming. We strive to provide a caring and supportive atmosphere that emphasizes goal achievement for swimmers of all ages and abilities. The values of teamwork, determination, commitment, and sportsmanship guide instruction and lay the foundation for success both in and out of the pool.

▲ River Bend Nature Center

River Bend Ramble, Sept. 19, 2015

Halloween Bats, Bones & Bonfires, October 24, 2015

See www.rbnc.org for more program details!

▲ Kefro's Pet Loss Grief Support Group

A supportive environment where people share their experience of grief and loss of a companion animal.

Held at the Paradise Theatre, 321 Central Ave.

Contact Vicki Neitge at 1-507-210-1102

Schedule - September 17, October 22, & November 19

▲ 3rd Annual Recovery's Got Talent

Bring your talent to one of the competitions held around southern Minnesota and compete for a place in the final! Examples of past talents shared are poetry, singing, dance, and musical solos. Participation is open to all in recovery, or anyone that supports those who are in recovery. All are welcome! Aug. 28, 6:30pm Albert Lea, Sept. 4, 6:30pm Northfield Sept. 10, 6:30pm Rochester, Sept. 11, Grand Finale, Rochester

Register to participate by contacting Jenine at 507-377-6747 or koziolek.jenine@mayo.edu or www.fountaincenters.org.

▲ Faribault Area Pilot's Association Breakfast

Sunday, September 13, 7am-Noon. Faribault Airport Adults \$7.00, 12 and under \$4.00, age 5 and under free. Pancakes, eggs, sausage, juice, milk, coffee. The event includes a fly-in and static aircraft displays.

Proceeds will be used for aviation scholarships to college bound students and the 130th Civil Air Patrol Squadron in support of their many aviation programs for youth.

Online Learning

Learn in comfort
and convenience,
anywhere and
anytime, with
24-hour access
day or night.



Register online at cbi.southcentral.edu/enroll
or contact us at 507-331-4290 or
cbi@southcentral.edu with questions.

ANY CLASS LISTED BELOW IS ONLY \$99!

Creative Communication
Beginning Writer's Workshop
Introduction to Journalism
Mastering Public Speaking
Research Methods for Writers
Write Your Life Story

Family & Life Balance
Assisting Aging Parents
Get Assertive!
Introduction to Natural Health & Healing
Managing Life as a Single Parent

Language
Beginning Conversational French
Speed Spanish

The Digital Age
Creating WordPress Websites
Introduction to Photoshop CC
Learn to Buy and Sell on eBay
Secrets of Better Photography

Special Interest
Genealogy Basics
Growing Plants for Fun and Profit
Introduction to Interior Design
Wow, What a Great Event!

Personal Finance & Investments
Keys to Successful Money
Management
Where Does All My Money Go?

South Central College is an Affirmative Action/
Equal Opportunity College with ADA accessible facilities.



White Sands Dog Park

FARIBAULT, MN

Bring the dogs down to the park for some off-leash freedom! Enjoy a 1/4 mile walk with your pet and then let your pooch in the pool!

Faribault Area SENIOR CENTER

**"Dedicated to the
Well-Being of Older Adults"**

19 W. Division, Faribault, MN 55021

507-332-7357 www.faribaultseniorcenter.org

Welcome!

The Faribault Area Senior Center is a nationally accredited, non-profit organization that provides a variety of programs and services for adults 50 and over in the Faribault area.

We encourage you to visit our center in person, check out our website or call us for additional information on the work that we do.

- Mona Kaiser, Executive Director
director@faribaultseniorcenter.org



▲ Holiday Closings

Sept. 7: Labor Day

Nov. 26 & 27: Thanksgiving

▲ Time to Join!

Consider becoming a member of the FASC! Now is definitely the time to join! A special membership drive begins on Sept. 1 to add new members for the remainder of 2015. Call or stop in for details. Support FASC with your membership!

If you are already a member, your annual renewal process will begin in Nov. for the 2016 membership year.



Apostle Islands!

Upcoming Trips

Travel with Your Friends!

Sept. 3	MN State Fair
Sept. 21-23	Apostle Islands
	Bayfield, Madeline Island
Oct. 1-4	Hostfest in Minot, ND
Nov. 18-23	Christmas at Nashville
Nov. 18	Old Log Theatre
	"The Wedding Singer"
Dec. 2	Chanhasen Dinner Theatre
	"Sister Act"

▲ What's Not to Like?

Be the first to hear about upcoming sales and new promotions! Be sure to "Like" **Fashions on Central** and **Faribault Senior Center** on Facebook!

▲ Ways to Support FASC

The success of the Kwik Trip scrip cards has been overwhelming! Having received reductions in funding in other areas, we are delighted about Kwik Trip making this great donation to our organization.



ONGOING FASC ACTIVITIES

BLOOD PRESSURE CHECK

Each Wednesday at noon, FASC offers free blood pressure checks provided by Heritage House, St. Lucas/Deaconess Towers, Keystone, Milestone Senior Living, Faribault Senior Living and by Pleasant Manor Nursing Home. No appointments necessary.

CHECKBOOK BALANCING

Need assistance balancing your personal checkbook? FASC has a volunteer available to help. This free service is available upon request.



FOOT CLINICS

On the 2nd and last Wed. of each month, licensed nurses offer foot care. Open to the public; has a fee. Call 332-7357 for an appointment.

LIFE WRITING & STORY GROUP

Meets monthly on the 3rd Wednesday at 9am. All skill levels, men and women, are encouraged to attend. Learn an easy method for recording your life stories; lively discussion and interesting writing assignments.



HEALTH INSURANCE COUNSELOR

Meet with a trained volunteer for a benefits check-up and for assistance with Medicare, Medicare

Part D and other health insurance topics. A free, confidential service of FASC, the MN Board on Aging and Area Agency on Aging. By appointment.



KITCHEN BAND

Listen to the Kitchen Band on the 2nd Monday of each month, beginning at 10:15am at FASC.

FASC BOOK CLUB

Join us each month for a discussion of the current month's book. Members only. Meets the last Monday of the month at 9am.



Driver Safety Classes

FASC hosts classes for drivers 55 years and older. The initial class is 8 hours and then every 3 years thereafter you can take a 4 hour refresher course. Class size is limited. Call 332-7357 to register. Payment due at registration.

Schedule:

8-hr: Sept. 8 & 9, 6-10pm
4-hr: Tues., Sept. 22, 6-10pm
4-hr: Thurs., Oct. 22, 6-10pm
4-hr: Thurs., Nov. 12, 1:15-5:15pm
4-hr: Thurs., Dec. 10, 6-10pm

OUT TO LUNCH BUNCH

The "Out To Lunch Bunch" was created for people interested in joining other members for lunch the third Tues. of each month. Please call for reservations to be made.



FASC MEMBER CARD GAMES

Every day at 1pm, FASC offers a place for members to join in a card game. No pre-registration is necessary. Card players must be members; a minimal fee to play. Monday/Friday: Bridge and "500" Tuesday: Player's Choice Wednesday: Euchre Thursday: Pfeiffer



CARD MAKING CLASS

Join this class and make special occasion or seasonal cards using the latest techniques and supplies. Please pre-register, call 332-7357 for upcoming class dates. Cost \$3.

▼ Need More Info?

Call 507-332-7357 or see www.faribaultseniorcenter.org.

HOME COOKED MEALS SERVED DAILY

Come Dine With Us!



Jennifer Bimberg
Dining Site Manager,
Special Events Coordinator
office@faribaultseniorcenter.org
Senior Dining is a place
where seniors can enjoy a
delicious, home-cooked
meal that is designed with
their specific nutrition in
mind. Call or stop in for
menu and special dinners.

Meals Served Mon.-Fri., 11:30am.

Cost: Suggested \$3.50 donation for age 60 and up,
\$6.50 for those under age 60. Find a monthly menu at
www.faribaultseniorcenter.org. Serving locations in-
clude FASC and Golden Meadows Apartments.



Will Advice & Estate Planning

Tues., Sept. 22, 1-4pm

J. Scott Braden, Attorney-at-law

Have a free and private 20-minute consulta-
tion with an attorney who will answer ques-
tions about wills and estate planning. If you
have questions regarding the will you have,
please bring it along. This is free to all sen-
iors, but an appointment is required—call
332-7357.

New wills cannot be made during appoint-
ments, but information and direction will be
given out.

More FASC Programs!



CAREGIVER SUPPORT GROUP

Are you caring for
someone with de-
mentia from
Alzheimer's or an
other cause and in
need of support? Gather with us on the 4th Tues. of
each month from 7:30-8:30pm at Faribault's Milestone
Senior Living (2500 14th Street NE) for a time of learn-
ing and sharing. This group is free and open to all. Call
Brenda at 332-7357 for details.

Provider Education

Minnesota's Adult Protection Laws

Tues., Sept. 22, 1:30pm

Presenter: Vicki Huber, Rice Co. Adult Protection So-
cial Worker

This course provides an overview of the MN Vulnera-
ble Adults Act and includes discussion on abuse, neg-
lect and exploitation; details on the new statewide MN
Adult Abuse Reporting Center. Pre-registration re-
quired. Free to all. Attendance paperwork provided.

Medicare Part D

Open Enrollment Period

Beginning Oct. 15 through Dec. 7, 2015, the Open En-
rollment period begins for the Medicare Prescription
Drug Plans (Medicare Part D). Senior Linkage Line
counselors will be available at FASC to answer ques-
tions, help you enroll or to make changes to your
Medicare Part D coverage during the Open Enrollment
period. Make an individual appointments by calling
332-7357. This service is free to all seniors.

Information & Referral Service

This valuable service provides assistance to anyone who
has a question or concern about the well-being of an older
adult. FASC networks with senior care agencies and or-
ganizations in the area, so if you have any senior-related
questions or concerns, don't hesitate to stop by the Senior
Center or call at 332-7357.

Financial & Legal Services

Resources for older adults which provide information re-
lating to financial and legal topics.



For the best of FASC, check our website at

www.faribaultseniorcenter.org

"Like" Faribault Senior Center on Facebook!

Medicare Basics

Thursday, Oct. 8, 5:30pm

FASC Dining Room

Instructor: Chad Wojcik,

State Health Insurance Program (SHIP) Counselor

Pre-registration required, call 332-7357. No mem-
bership required for this free service.

Class Size: 10 Minimum

Are you turning 65 or going on Medicare soon? This
class will answer your questions and help you under-
stand this important coverage!

Program Topics:

- Traditional Medicare
- Medicare Supplements
- Medicare Advantage Plans
- Prescription Drug Plans
- Preventive Benefits
- Medicare Savings Programs
- Preventing Fraud
- Waste & Abuse
- Additional resources to make informed decisions



▲ Healthy Living

A Series of Programs

Programming designed to highlight aspects of healthy
living and healthy aging.

Put Life Back in Your Life! "Living Well with Chronic Conditions Workshop"

Do you have ongoing health concerns like arthritis, dia-
betes, depression/anxiety, high blood pressure, or heart
disease? The Living Well Workshop can help you take
charge of your life by offering support you need, ways
to deal with pain and fatigue, discover better nutrition
and exercise choices, and ways to speak with your doc-
tor and family about your health. Learn from trained
leaders to make your own step-by-step plan to improve
your health and life. Join a FREE 2-hour workshop,
held each week for 6 weeks. Pre-registration required—
call Public Health at 332-6111.

Thursdays, Sept. 10-Oct. 15, 1:30pm

Meets in the FASC Coffee Shop!

▲ Encore Academy

Experience lifelong learning and personal enrichment
through monthly lectures. Open to the public. There is a
fee for members and NM.

Mount Rushmore: Carving of an Icon Thurs., Sept. 10, 6pm with David Jones

Each year, more than 2 million people visit Mount
Rushmore in the Black Hills of South Dakota. Fourteen
years, four hundred workers, 450,000 tons of rock,
nearly one million dollars...these are the statistics be-
hind the carving of Mount Rushmore. The story is even
more interesting!

David Jones has been presenting historical topics since
1996. He has made more than 400 presentations to over
12,000 people. FASC audiences have thoroughly en-
joyed his visits.



Fashions on Central

325 Central Avenue - Faribault

Open Mon.-Sat. 10am-5pm

Don't spend a fortune to look great!

Brand name used quality clothing,
laundered, pressed, ready to wear!



Proceeds
support
Faribault
area seniors!



THE COFFEE SHOP

Add the Coffee Shop to your list of places to
meet. Enjoy a great cup of coffee and treats at
a reasonable price. No membership required.
Open Monday-Friday during center hours.





WELCOME!
River Bend
NATURE CENTER

Fall Programs!

For All Ages!

See the River Bend Nature Center website at www.rbnc.org for fall programming details!

Helping People Discover, Enjoy, Understand,
and Preserve the Incredible
Natural World That Surrounds Us!



Ben Van Gundy,
RBNC Director
1000 Rustad Road
PO Box 186
Faribault, MN 55021
507.332.7151
rbncinfo@rbnc.org

Facebook: fb.me/RiverBendMN
Twitter: @riverbendMN



Upcoming Events

See www.rbnc.org for event details!

■ **River Bend Ramble**
Saturday, Sept. 19, 2015

■ **Halloween Bats, Bones & Bonfires**
Saturday, October 24, 2015

www.rbnc.org

▲ Big Brothers Big Sisters

You don't have to change your life to change a child's. Do you know a child that could benefit from a positive role model? All it takes is one hour a week or 2 hours a month. Contact us to volunteer or to enroll a child today! For details, contact Megan and 507-414-0308 or www.bbsosouthernmn.org.

In recent years, many studies and polls have confirmed people are happier and experience more fulfilling lives when they volunteer. A Gallup study says that we feel happier when giving money to others than spending money on ourselves. We experience this phenomenon in our own lives -- that we feel better when thinking about how to serve others, and volunteering our time and money, than when we're simply focused on ourselves.

Mother Teresa consistently advised her followers to serve those in need in their own areas, like family members, friends, and other individuals.



Phone
507-332-2236

www.ruthshousemn.org

Ruth's House has been doing this for over 10 years. In our efforts to serve homeless women and children in Rice County, we have received incredible community support, for which we are very grateful.

If you would like to volunteer or give to the community, Ruth's House always has opportunities and could use your helping hands --

from babysitting to giving rides, from answering phones to mentoring youth. Call Ruth's House Volunteer Coordinator, Katie Cooper, at 507-334-5043 for details, or email katiec.ruthshouse@gmail.com.

May we all work together to end homelessness, one person at a time.

▲ Cannon River Watershed Partnership

Web: www.crwpp.net
Phone: 507-786-3913

Watershed Cleanup

Sat., Sept. 19, 2015, 9am-Noon

Join the Cannon River Watershed Partnership (CRWP) at the Annual Watershed Wide Cleanup at locations in Owatonna, Faribault, Morristown, Waterville, Shield's Lake, Northfield, Cannon Falls, Welch and Red Wing. For details, see www.crwpp.net.



Contact Cathy Cap at 507-334-2372 or cathycap@myclearwave.net

▲ Buckham Bulletin

Advertise free in the Buckham Bulletin if you are a qualifying non-profit area agency. For details, contact Jeff Jarvis at 507-384-0516 or email jjarvis@ci.faribault.mn.us.



▲ Mountain Bike Team

Now Forming in Faribault!

Be part of the fastest growing high school sport in MN -- join the Faribault area co-ed Mountain Bike Racing Team and race against other high schools in the state! Athletes in Gr. 7-12 are eligible to be on the team. For details, Kris Brazil (507) 330-2284, or kbrazil411@yahoo.com or ttrembley@charter.net. www.minnesotamtb.org

Tentative Race Schedule

Race #1 - Sun. Sept. 13, St. Cloud
Race #2 - Sun. Sept. 20, Austin
Race #3 - Sun. Oct. 4, Rochester
Race #4 - Sun. Oct. 11, Cuyuna Lakes
Race #5 - Sun. Oct. 25, Mt. Kato



FARIBAULT AREA
PILOTS ASSOCIATION

FARIBAULT AIRPORT



Fly-In & Drive-In

BREAKFAST

SUNDAY, SEPT. 13, 2015
7:00AM-NOON

ADULTS \$7, 12 & UNDER \$4, AGE 5 & UNDER FREE.

PARADISE CENTER Arts for the A

www.ParadiseCenterForTheArts.org

321 Central Avenue
Faribault, MN 55021
Phone: 332-7372

Box Office Hours
Tues. - Sat. 12-5
Thurs. 12-8pm

■ THEATRE



■ Don't Drink the Water

By Paradise
Community Theatre.
Director Palmer Huff.
Sept. 18-19, 24-26
7:30pm, Sept. 20,

2pm. \$14 M/ \$15 NM/ \$10 Students. Sponsored by 1st United Bank.

Premiered on Broadway in 1966, playing 598 performances at three Broadway theaters. Don't Drink the Water is a cascade of comedy. This affair takes place inside an American embassy behind the Iron Curtain. An American tourist, a caterer by trade, and his wife and daughter rush into the embassy two steps ahead of the police who suspect them of spying and picture taking. It's not much of a refuge, for the ambassador is absent and his son, now in charge, has been expelled from a dozen countries and the continent of Africa. Nevertheless, they carefully and frantically plot their escape, and the ambassador's son and the caterer's daughter even have time to fall in love.



■ Bleacher Bums

By Joe Mantegna and the Merlin Players. Oct. 30-31 Nov., 5-7 at 7:30pm, and Sun., Nov. 1, 2pm.

In the bleachers at Chicago's Wrigley Field, die hard Cub fans root for their team. The group includes a rabid cheerleader, a blind man who follows the game by transistor radio and does his own play by play, a bathing beauty, a nerd and various other bleacher denizens. As the game proceeds, they bet among themselves on every conceivable event, go out for frosty malts or beers, try to pick up the bathing beauty and, occasionally, watch the game. Will The Cubs inevitably blow it in the ninth?

■ GALLERY EXHIBITS



Aug. 11- Sept. 22
Carlander Family Gallery:
Bill Salzman & Marcus Moller
Lois Vranesh Gallery: Vi O'Brien

Sept. 22-Nov. 10
Artist Reception Sept. 25, 5-7pm.
Carlander Family Gallery: Adam McCauley
Lois Vranesh Boardroom Gallery: Leah Gosson



Holly Days

Thurs. Nov. 12, 3-8pm, Nov. 13 & 14 noon-5pm

Paradise Center galleries will be decked out in boutique style and filled with the artistic wares of 20 regional artists. The "GRAND OPENING," which runs 3-8 p.m. on Thursday, Nov. 12, will be a gala

event with free hors d'oeuvres, live music, and a cash bar to enjoy while browsing through the beautiful array of artistic creations. There's something for everyone's budget.

Exhibits Nov. 17- Jan. 5.

Gallery Opening & Artist Reception Nov. 20, 5-7pm
Carlander Family Gallery: Member's Exhibit
Lois Vranesh Gallery: George Sierakowski.

■ MUSIC



■ Monroe Crossing

Sept. 11, 7:30pm

\$17 M/ \$22 Non M/ \$10 Students Sponsored by 1st United Bank, Faribault Sold out in 2013, Monroe Crossing is back at Paradise continuing to dazzle audiences with their electrifying blend of classic bluegrass, bluegrass gospel, and heartfelt originals. Their airtight harmonies, razor sharp arrangements, and on-stage rapport make them audience favorites across the United States and Canada.

■ 2015 Elvis Tribute Fest

Oct. 10, 7pm A Tribute To The KING, Elvis Presley
Tickets \$15 M/\$20 NM/ \$10 Students. Many have laid claim to the throne, but in the history of rock 'n' roll, there has only one King. The Paradise Center for the Arts will celebrate the 60th Anniversary of Elvis Presley's legendary career and pay tribute to his legacy, with a raucous, rocking review of his greatest hits, six of Minnesota's best bands and performers.



■ EVENTS

■ Z Puppets Rosenschnoz, Monkey Mind Pirates

Fri., Oct. 2, 7pm. \$12 M/\$15 NM/ \$8 Students. Join the Quest for Calm with this fun-filled, musical tale that mixes playfulness with mindfulness — and pirates! Sail along with Captain Fitz as he searches for the Legendary Island of Calm and learns the secrets to taming the unruly Monkey Mind Pirates. Turn your family's "Arghs" into "Oms" with the lovable puppet characters and catchy original music of this award-winning show.



■ The Choo Choo Bob Show

Fri., Nov. 20, 7pm
\$12 M/ \$15 NM/ \$8 Students. Emmy-winning, live-action television program for the whole family, The Choo Choo Bob Show is now live on stage. Join Choo Choo Bob and all his friends at the Bobville Clubhouse, where they get mixed up in all sorts of wacky train adventures! Watch as St. Paul, Minnesota's Favorite Train Story comes to life live on stage.



■ The Sound of Simon

Sat., Oct. 24, 7:30pm
Tickets \$17 M/ \$22 NM. The Sound of Simon — A Tribute to Simon & Garfunkel comes to Paradise Center With a career spanning decades, the music of Simon & Garfunkel remains among the most treasured in American popular song.

■ Wine, Women & Comedy

Featuring Mary Rowles
Sat. Nov. 14, 2015, 7pm. \$17 M/ \$22 NM.
Sponsored by Farmers Insurance, Patrick Andreas Agency. Ladies, it's Girls Night Out and



Mary Rowles is Back at the Paradise. This knock-out, stand-out comedienne is a combination of Lily Tomlin, Andrea Martin and Celine Dion all rolled into one! Her heartwarming characters, side splitting stand-up comedy, and hilariously inspired songs create a contagious laughter!

■ Joseph Hall's Elvis Rock N Roll Remembers

Nov. 21, 7pm
Tickets: \$20 Member, \$25 NM. ELVIS is Coming to Faribault! Direct from Branson NBC's America's Got Talent 2008 Top Ten Finalist Joseph Elvis Rock N Roll Remembers. Get your tickets today.



* A \$3 processing fee will be added at purchase per order when tickets are ordered over the phone or at www.paradisecenterforthearts.org/tickets/ *

P A R K & R E C



**It Starts with the
Parks & Trails!**



The City of Faribault has become one of the top bike-friendly towns in southern Minnesota due to smart city planning, and financing by local, state, and federal funding. Faribault is a trail user's dream--nine miles of in-city trails, with the White Sands Sakatah Trailhead facility providing access to an additional 40 more miles. The asphalt pathways are designed around some of the city's most beautiful features--bluffs, parks, rivers and lakes. Head outdoors this fall to appreciate the show of color in the city parks and trails!

Online Resources for City Park & Trail Info:

- **City Park Amenities**
www.ci.faribault.mn.us/assets/p/parkfeatures.pdf
- **City Park & Trail Map**
www.ci.faribault.mn.us/assets/p/parktrailmap.pdf
- **Parks, Trails & Shelters**
www.faribault.org/parks/parkstrails
- **Sakatah Trail Brochure**
www.ci.faribault.mn.us/assets/s/sakatahtrailbrochure1.pdf
- **Alexander Park Amenities**
www.ci.faribault.mn.us/assets/a/alexanderparkslayout1.pdf



Racquetball:

Play The Fastest Game in Town!

Check out Park & Rec's indoor courts - for drop-in play or for league! Enjoy a great way to have fun, improve your fitness, and socialize with friends!



Open Pickleball

Join other players for open play on Tuesday and Thursday mornings, 7am-10am, and Tuesday evenings, 6:30-8pm in the Community Center Gym. Fee: \$2 per time, a 14-use punchcard \$20.



Fitness Center

♦ Free Fitness Machine Orientations!

Call 507-384-0547 to make an appointment today for a free orientation on the Fitness Room machines. Orientations are held Wednesdays at 3:00-4:00pm.



Fitness Center Rates

All-Around Pass*	Single	Couples
One Month All-Around	\$37*	\$58*
Three Month All-Around	\$97*	\$165*
Six Month All-Around	\$185*	\$310*
Annual All-Around	\$340*	\$530*

* Plus applicable tax

*The All-Around Pass features unlimited use of the Fitness Center, Racquetball, Spinning Classes, Gymnasium (Open Gym), Group Fitness Classes, Water Aerobic Classes, Indoor Lap Swim and Open Swim, Pilates Classes, and Open Pickleball.

Fitness Center Membership	Single	Couples
Daily Fitness Center Rate	\$5	N/A
One Mo. Fitness Center	\$34*	\$48*
Three-Mo. Fitness Center	\$65*	\$101*
Six-Month Fitness Center	\$120*	\$205*
Annual Fitness Center	\$230*	\$315*
Punch Card (14-Times)	\$44*	N/A

* Plus applicable tax

Racquetball - Locker Room - Sauna - PREGOR

Park & Rec

Faribault Fitness Club: A Free Week is Coming!

Park & Rec's Group Fitness Program is the best-kept secret in town! They've been transforming body, mind, and spirit for nearly a decade. The experienced instructors, unique programming, and wide variety of fitness equipment are just a few things that make the program unique. A spacious and comfortable atmosphere makes getting fit an inspiring adventure--for both men and women. Our classes are for beginners, intermediate and advanced fitness enthusiasts! A wide range of classes are skillfully designed with your needs in mind. You won't be lost in a crowd! New classes are frequently offered!

Typical Class Schedule

One-hour classes are held at the Washington Center gym.

Monday Tabata Plus 5:15am, Tabata Bootcamp 5:15, PIYO 6:20pm
Tuesday Lunchtime Weights 12:15pm, Zumba Tone 5:15pm, Zumba 5:30pm
Wednesday Tabata Plus 5:15am, Bag Boxing 5:15pm
Thursday PIYO 4:30pm, Zumba 5:30pm
Friday PIYO 12:15pm
Saturday Tabata Plus 8:15am (Aqua Zumba 10am @ Park & Rec Pool)

Fee: \$47.25 Punchcard (14-Classes, just \$3.38 per class!)

Find a current schedule see
www.faribault.org/parks

